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The Ramblers' Association
Working for walkers



Norfolk Area Newsletter & Walks Programme

April - July 2012

<http://www.norfolkra.org.uk/>

AREA OFFICE: Our Area Secretary is Brian Ansell, the address for area correspondence is 44 The Street, Rockland St. Mary, Norwich, NR14 7AH. The phone number is (01508) 538654 and the email address is ansell44@tiscali.co.uk

Path Problems in Norfolk, where sure of your details, can be reported directly to: Rights of Way Team, Planning & Transportation Dept, Norfolk County Council, County Hall, Martineau Lane, Norwich, NR1 2SG. (Telephone: 0844 800 8020)

Where a member is unsure, or the problem is not clear, report the problem to Ian Mitchell, 5 Montcalm Road, Norwich, NR1 4HX. (Telephone: 01063 622539, email address: ianmitchell5@virginmedia.com) Ian would also like to know anything directly reported to the Rights of Way Team.

The Area News Editor: Richard May, 24 Swanton Avenue, Dereham, NR19 2HJ. Telephone 01362 851547, email address is richard@inter-logic.co.uk

All RA members are invited to take part in any walk in the Area programme. Non-members are welcome to participate and are invited to join the RA if they so desire once they have sampled the variety of walks on offer. New members can join or existing members can update their details (change of group, change of name or address) by phoning Ramblers Central Office in London on 020 7339 8500. You can also join on the Ramblers website: <http://www.ramblers.org.uk>

Dates for your diary:

The next deadline for copy for the newsletter is 9 June 2012 (Note this has changed, from the date published in the previous edition!). The deadline for copy for the following newsletter will be 13 October 2012. The Area Council meetings in 2012 will be 21st July and 10th November all at 10:00 at Honingham Village Hall



Tel: 0845 331 2782
Mobile: 07802 270598
Email: richard@inter-logic.co.uk
Web: www.inter-logic.co.uk

Are you happy with your Internet Service Provider?

Inter-Logic have always prided ourselves on the best ever broadband installations. This starts with one of the best service providers in the industry, offering UK based technical support with properly qualified technicians on a normal rate phone number. On top of this, Inter-Logic install high quality Internet connection hardware, and always make sure your security software is current, so that every install is a safe install.

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RAMBLERS CENTRAL OFFICE

The address of the Ramblers' Central Office is:
2nd Floor, Camelford House, 87—90 Albert Embankment, London SE1 7TW
Tel: 020 7339 8500, Fax: 020 7339 8501

The Norfolk Area, Ramblers' Association, is part of The Ramblers' Association, a registered charity (number 1093577), and a company limited by guarantee (registration number 4458492)

Norfolk County Council Interactive map of footpaths, bridleways etc.

Some time ago I wrote up a description of this map which you can use for reporting footpath problems without looking up map refs. etc. Now NCC have changed the procedure and it is more elaborate than before.

This is how it works:

Google NORFOLK INTERACTIVE MAP or Go to www.countrysideaccess.norfolk.gov.uk then click on "Interactive map" on the left.

Go down the next page to GO TO THE MAP click on these words

You get a small map of Norfolk with all the Footpaths etc. marked in different colours. Footpaths are blue for example.

Use the + and – signs to increase/decrease the size of the map and the directional arrows to navigate round the map to your required place.

You can also find a parish, town or village by typing the name in on the searching facility.

When you have identified the path with the problem move the arrow to it and click once. A window appears giving path, status (e.g fp/bridleway etc.) parish and number. MAKE A WRITTEN NOTE OF THESE, YOU'LL NEED THEM LATER.

At the bottom of the window is the sentence "To tell us about a problem..."

Click on the sentence once and you are taken to the next page which is mostly an explanation of the reporting process, read it and click on NEXT

The next page is the one to start filling in details on and this is where you need the path details you've already written down. You then go to the next page which asks for more detailed information.

Finally you fill in some personal details; name address etc.

If you discover a problem while you are on a Ramblers walk/ recce please fill in the box called "User group/organization" and put Ramblers Association in the bottom box. If you are out for your own walk then use "Member of public"

Finally click on FINISH

There is now no facility to add Ian Mitchell's email address to the report so please contact him separately for each problem (details front cover)

A useful feature of this map for WALKS LEADERS is that map references are given in the top right hand corner of each map for wherever your arrow happens to be on the map. If you use this you will never need to work out the car park map reference again!

Janet Stevens. SN Group

**NORFOLK RAMBLERS**

Sheila Smith – Publications Manager
Caldcleugh, Cake Street
Old Buckenham, Attleborough
Norfolk, NR17 1RU

Phone 01953 861094
sheilasmith@clara.co.uk

GUIDE BOOKS – PRICE LIST

Peddars Way & Norfolk Coast Path with Weavers Way Guide and Accommodation List, public transport information etc.	£3.30
Angles Way Guide , includes Accommodation and public transport 78 miles, Gt. Yarmouth to Thetford through S Norfolk and N Suffolk	2012 edition £3.60
Iceni Way Guide , includes Accommodation List. 84 miles, Knettishall to Hunstanton). First 16 miles provides off road link between Knettishall and Thetford, can be combined with either Peddars Way or Angles Way	£2.70
North Norfolk Rambles – 16 circular walks - 5 ¹ / ₂ to 10 ¹ / ₄ miles	£2.70
Southern Norfolk Rambles – 16 circular walks - 6 to 11 miles	£2.70
West Norfolk Walkaway – 2 – 16 circular walks - 4 ¹ / ₂ to 12 miles	£2.70
West Norfolk Walkaway – 3 – 16 circular walks - 5 to 9 ¹ / ₂ miles	£2.70
West Norfolk Walkaway – 4 – 16 circular walks - 6 to 12 miles With coloured maps and photographs	£3.30
Nelson's Heritage Walks – 16 circular walks - 3 to 10 miles	£2.70
Walks Around Norwich – 16 circular walks - 4 ¹ / ₂ to 6 ¹ / ₂ miles All accessible by public transport from Norwich	£2.70
Around Norfolk with The Ramblers – 30 circular walks – 4 to 10 miles With coloured maps and photographs	£9.90
Waveney Way , 72 miles circular walk in NE Suffolk, published by Waveney RA Group.	£2.10

Post and packing for Around Norfolk with The Ramblers is £1, all other books 50p per book, but maximum charge for p & p per order is £1.

If your order totals more than £15 there is no charge at all for p & p.

Orders by post to above address, cheques payable to 'Ramblers Association' please.

Part of The Ramblers' Association, company limited by guarantee, registration number 4458492.
Registered Charity 1093577

Legstretchers**15/20 Section: Program of longer walks**

Michael Smith, Programme Co-ordinator, Tel 01485 540728, Mobile 07812921998, e-mail mival.smith@tiscali.co.uk New Walks leaders always welcome please contact me. All walks start at 0900 unless stated otherwise. Bring a packed lunch.

Date	Venue	Grid ref.	Miles	Leaders
15 th April 2012	Icklingham, West Stow & around Kings Forest Meet at Ramparts Field picnic area, south of Icklingham.	L144/E229 789 716	16	Dave Middleton 01553 671038
20 th May 2012	Mulbarton Common Meet in Village Hall car park	L134/E237 195 008	21	Neil 01603 740221
17 th June 2012	No Walk Offered			
15 th July 2012	West Raynham, Tittleshall & Mileham. Meet at West Raynham Church.	L132/E238	18½	Michael & Valerie Smith 01485 540728

An unexpected treat

On what was probably one of the coldest days of December 2011 four of us from Southern Norfolk Group joined the Great Yarmouth Group for an 8 mile walk from North Walsham. The ground was icy, wind ditto but we were in good hands with our leader, Barbara who told us she planned to have the lunch stop at St. Michael's Church, Swanton Abbot. At least we would be under cover which was much appreciated on such a day. When we reached the Church we discovered that they were hosting a Christmas crib exhibition and to our great delight we were welcomed inside most warmly despite our mucky boots etc. There were treats galore with hot drinks and hot mulled wine, mince pies, cakes, and a very jolly bunch of Church ladies to look after us. An unexpected treat indeed – a 5 star lunch stop. Any members who live in Swanton Abbot – please let them know they were “mentioned in despatches”

Janet Stevens

Boudicca Way

Boudicca Way is this year's Linear Walk. The monthly walks will start in May and continue on the second Sunday of each month until August. There should be a leaflet enclosed with this copy of Area News, but if yours is missing please see our website or contact Peter James: 01603 478486, e-mail: pdjames.ramb@ntlworld.com or Sheila Smith: 01953 861094, e-mail: sheilasmith@clara.co.uk

We are receiving help and support from the Boudicca Way Project, a voluntary community and small business led project which has been instrumental in upgrading the route, improving signing, making general improvements and promoting the tourism benefits of both Boudicca Way and the South Norfolk countryside.

Sheila Smith

Free Guided Hill-Walking

You pay only for the accommodation - we guide you on the Lake District fells
Couples and small / medium sized groups are our speciality

Alternatively, relax and unwind, book on an accommodation only basis
we can advise on sightseeing, restaurants, walking etc.

Coach House Apartments, Ambleside

4 & 5 star High quality Self-catering Apartments in the heart of the National Park
Private apartments in converted 17th century Manor House & Coach House within own gardens.
Tranquil, secluded location. Only three minutes walk from all village amenities.
Private parking.
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Special Offers
3 Night Weekend & 4 Night mid-week breaks available all year
2 night breaks available over the winter period
Start a Mid-week break on a Monday – Stay Thursday free of charge
Free services of Qualified Mountain Leader for Guided Walking

Details & Brochure – Allison & Roger Peak 015394 34924
Email: coachhouse@npaworld.com www.ambleside-accommodation.co.uk

Knettishall Heath

Some of our members may be unaware that Suffolk County Council relinquished the management of Knettishall Heath. The heath is quite literally on our border and local Ramblers, countryside and wildlife lovers, dog walkers, gentle strollers and many others have long appreciated its charms. So all our "alarm bells rang" when the main car park was closed. Then there was news that Suffolk Wildlife Trust was hoping to take it over. The County Council had been leasing most of the land, but the owner wished to sell.

The Trust obtained a lottery grant of £720,000 to buy the land – provided they could raise £100,000 within four weeks, by the end of January. Happily they easily achieved this and when I last looked the total raised was over £150,000 – the surplus will help with management costs and the plans they have for improvements, so donations are still more than welcome. The County Council have given adjacent meadowland they owned to the Trust.

I am pleased to say that Southern Norfolk Group were able to make a donation of £200 – of all the Norfolk Groups we are certainly the nearest - and several of our members made individual donations.

For more information see www.suffolkwildlifetrust.org/reserves-and-visitor-centres

Sheila Smith – Chairman, Southern Norfolk Group

Ramblers' Holidays - New initiative

A new initiative has recently been launched by Ramblers' Holidays whereby donations can be made directly to Groups and Areas for each booking made across the four RWH brands.

They will make a donation of £10.00 per person for a UK holiday, £20.00 per person for a short haul holiday and £30.00 per person for a long haul holiday. The payments can be made to the main RA account (funds could be designated to spend on projects) or to a social account. This could add up to a significant amount over a year and even more so for a group booking.

Hike Norfolk

Important Note: The walks listed in this programme for Hike Norfolk are not the final arrangements, but the dates that members are proposing to run walks. Before coming on any walk listed below members must check our online forum for the latest plans on that event. The forum can be found at:

<http://www.hikenorfolk.org.uk/forum>

The walks run by this group are aimed at walkers in their 20's, 30's and 40's, but along with any other Norfolk group, anyone is welcome to join us for any of our walks.

Date	Details	Start	Length	Leader
1st April	Beighton	10:30	11 miles	Amy & David Lees
7th April	Weeting Castle	11:00	9.5 miles	Clive Manwaring
8th April	Bure Valley Railway	TBA	TBA	Johanna Cannell
15th April	Waveney Valley from Beccles	11:00	10 miles	Jon France
22nd April	Brecks	10:30	10 miles	Tim Arnold
29th April	Diss	10:30	12 miles	Ian Hardicker
5th - 12th May	Cairngorms (Fully booked)	Various	Various	Tim Arnold
6th May	Hethersett and Ketts Oak	11:00	9.5 miles	Clive Manwaring
13th May	Foxley Woods	TBA	TBA	Johanna Cannell
20th May	Wells to Cley	11:00	10 miles	Tim Arnold
23rd May	Norwich	19:00	4 miles	Ian Hardicker
27th May	Felbrigg	10:30	11 miles	Amy & David Lees
1st - 4th June	Sussex	Various	Various	Richard May
17th June	Cley	11:00	10 miles	Ian Hardicker
24th June	Sheringham	11:00	10 miles	Tim Arnold

The following paragraph relates to all walks advertised in this guide:

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise.

FAKENHAM RAMBLERS GROUP**Programme of Walks – April 2012 – July 2012****Group Sec: Vic – 01263 713613 : Walks Sec: Alison – 01328 738902***All walks start at 10.30 am unless otherwise stated. Packed lunches required for walks over 6 miles.**Have included postcodes wherever possible – BUT always use map reference!*

Date & Time	Venue	Grid Ref, Post Code & Miles	Leader(s)
April Saturday 14 th	Sedgeford and Snettisham Park at/near village hall	132/711368 (PE36 5NG) 7 ½ miles	Kate 01328 711312 Barbara
Saturday 28 th	Itteringham Bure Valley Community Centre CP	133/145309 (NR11 7AX) 6 miles	Brenda and John 01263 712281
May Saturday 12 th	Sheringham Free parking on the Esplanade near boating lake	133/155436 (NR26 8LG) 9 ½ miles	Jayne and Philip 01263 864061
Saturday 26 th	Wiveton Downs Nature Reserve CP	251/032423 No PC but (NR25 7) 8 miles	Jenny and Vic 01263 713613
June Saturday 9 th	Walsingham Old Mill Pay and Display CP	251/933369 (NR22 6BN) 7 ½ miles	Judith 01328 864061
Following this walk, a Walks Planning Meeting will be held at Nutwood, 17 Rowan Way, Fakenham, NR21 8PW. We hope you will be able to attend but, if not and you can offer a walk, please contact Alison on 01328 738902. Bring your lunch. Liquid refreshment will be provided.			
Saturday 23 rd	Colkirk and Oxwick Village Hall CP	132/917265 (NR21 7NP) 7 ¾ miles	Lily 01328 851124
July Saturday 7 th	Wells Park on The Buttlands Linear Mystery Walk! Bus Pass or Bus Fare	251/916435 (NR23 1EZ) approx. 11 miles	Sue and John 01328 710138
Sunday 22 nd	Hindolveston Park at Village Hall	251/038294 (NR20 5DF) 8 miles	Iris and Richard 01362 860825

KING'S LYNN & DISTRICT GROUP APRIL TO JULY 2012

Group Secretary:- Mrs. S. Berman - 12, Kendle Way, K.L. PE30 3XX	Tel.01553 679277
Walks Programme Secretaries:-	
Tuesdays:- Mrs. S. Drewery - 143, Nursery Lane, North Wootton K.L. PE30 3QB	Tel.01553 673518
Thursdays:- Mrs. J. Cox - 7, Cobbs Hill, Terrington St. Clement K.L. PE34 4LS	Tel.01553 829670
Saturdays, Sundays & Overall:- Mr. J. Keenan - 15, Gaskell Way, K.L. PE30 3SD	Tel.01553 674262

Walk Details:- Sundays usually start @ 1030hrs, but longer walks may be earlier i.e. 0930hrs
Evening walks (usually Wednesday) may be either 1800 hrs or 1830 hrs depending on season
N.B. Any alteration to the above starting times will be shown in **BOLD** print
BRISK walks will maintain this pace throughout the walk and members who feel they would be unable to keep up, are advised **not to attempt them!**
Food & drink - members should bring sufficient for their own needs over the length of the walk
Please observe both the Highway Code on roads & the **Country Code** offroad on all our walks.
Weather - If the weather prior to a walk is seriously adverse, it is recommended that the leaders be contacted before setting out, to confirm that the walk will still take place

Map References L = O.S. Landranger maps 2cm:1km (1: 50 000 scale)
E = O.S. Explorer maps 4cm:1km (1: 25 000)
The six digit number is the walk start location reference, with the first three digits showing position on the map edge scales **horizontally** & the second three showing position **vertically**.
Note this six digit reference is the **same** for both Landranger & Explorer maps.

WALK BOOKS:- We have a wide range of books available to walkers, covering both areas local to King's Lynn, as well as further reaches of Norfolk. They all feature 16 circular walks with maps and are easy for the casual walker to follow.

Prices are around £3 and the books can be obtained from:- Barry leHair @ K.L. 692280
or Allan Jones @ K.L. 671829

N.B. - Our latest book, **West Norfolk Walkaway 4** is now available.

Please Note Abbreviations C.P.= Car Park V.H.= Village Hall N.T.= National Trust P.H.= Public House

Programme Secretary's Note:- I am trying to standardise "Meeting Point" identifications, so Walks Leaders may find slight alterations made to both their advised 'Descriptions' and 'Map References' in this programme - if anybody feels modified descriptions are wrong or inappropriate, will you please let me know. **JKeenan**

CAR PARKING - £1 per car This is in appreciation of our permission to park.

N.B..ALL WALK DISTANCES ARE SHOWN IN MILES**TWO WALKS TODAY:-**

Sunday	10	Holkham Hike	P.C. NR23 1RG	MAP L132	E251
1st April	MEET	Holkham Village C.P.		REF. 891 436	
1030hrs	LED BY	Colin Elston		TEL. 01553 672243	

AND:-	13	Dersingham and Snettisham	NO P.C.	MAP L132	E250
Long Walk	MEET	Picnic site off Dersingham By Pass A149 - 0.5 m from		REF. 679 303	
0930hrs - N.B.	LED BY	Michael & Valerie Smith	Dersingham roundabout	TEL. 01485 540728	

Tuesday	BRISK	6	Massingham and Around	P.C. PE32 2HY	MAP L132	E250
3rd April	MEET		Great Massingham Green near church		REF. 798 229	
1000hrs	LED BY		Ken & Barbara Vincent		TEL. 01553 767157	

Thursday	5.5	Congham and Grimston Carr	P.C. PE32 1DU	MAP L132	E250
5th April	MEET	Parking area in St. Andrews lane (opposite path to		REF. 713 235	
1000hrs	LED BY	Jan Cox	St. Andrews church)	TEL. 01553 829670	

Saturday	6.5	The Sedgeford Shuffle	P.C. PE36 5NG	MAP L132	E250
7th April	MEET	Sedgeford V.H. Jarvie Close (off Ringstead. Rd.)		REF. 710 368	
1000hrs	LED BY	Dave Carter		TEL. 01485 570097	

Sunday	8	Courtyard Farm and Peddars Way	P.C. PE36 5LB	MAP L132	E250
8th April	MEET	Courtyard Farm C.P. Ringstead to Burnham Rd.		REF. 722 405	
1030hrs	LED BY	Pat Reed		TEL. 01485 540757	

KING'S LYNN & DISTRICT GROUP APRIL TO JULY 2012

Tuesday	BRISK	6	Castle Rising	P.C. PE31 6AA	MAP	L132	E250	
10th April	MEET		Lay-by opposite entrance to K.L. Golf Club,		REF.	654 239		
1000hrs	LED BY		Colin Elston	South Wootton	TEL.	01553 672243		
Thursday		5.5	Houghton and About	No dogs please	MAP	L132	E250	
12th April	MEET		"Bunkers Hill" C.P. opposite the West Lodge	NO P.C.	REF.	776 289		
1000hrs	LED BY		Allan & Sue Jones	By permission of Marquess of Cholmondeley	TEL.	01553 671829		
Saturday		6.5	Downham Market VCs Remembered	P.C. PE38 9AH	MAP	L143	E236	
14th April	MEET		Howdale C.P. Downham Market		REF.	615 029		
1000hrs	LED BY		Iain Miller		TEL.	01945 780331		
Sunday		7.5	Wells & Warham	P.C. NR23 1HJ	MAP	L132	E251	
15th April	MEET		Outside Alderman Peel School, Market Lane, Wells		REF.	917 429		
1030hrs	LED BY		Dennis & Angela Buisson		TEL.	01485 572458		
Tuesday	BRISK	7.0	The River over the Canal	P.C. PE33 9SF	MAP	L143	E228	
17th April	MEET		Stoke Ferry War Memorial		REF.	705 998		
1000hrs	LED BY		Pat Dugard		TEL.	01553 673408		
Thursday		5	Holkham Highlights	P.C. NR23 1RG	MAP	L132	E251	
19th April	MEET		Holkham Village C.P.		REF.	891 436		
1000hrs	LED BY		Brian Payne		TEL.	01485 572458		
Saturday		5	Great Bircham and Bircham Newton	P.C. PE31 6XS	MAP	L132	E250	
21st April	MEET		Social & Rec. Club in Church Lane Great Bircham		REF.	770 325		
1000hrs	LED BY		Janet Rose	C.P. fee (see start of programme)	TEL.	01485 601206		
Sunday		8.8	East & West Rudham	P.C. PE31 8RD	MAP	L132	E251	
22nd April	MEET		East Rudham Village Green		REF.	827 283		
1030hrs	LED BY		Janet Rose		TEL.	01485 601206		
Tuesday	BRISK	7	Thornham and Holme	P.C. PE36 6LT	MAP	L132	E250	
24th April	MEET		Thornham Harbour C.P. @ end of Staithe Lane		REF.	727 444		
1000hrs	LED BY		Pat Dugard		TEL.	01553 673408		
Thursday		5	Sandringham and Dersingham Common	P.C. PE35 6EN	MAP	L132	E250	
26th April	MEET		Sandringham Visitors Centre		REF.	689 287		
1000hrs	LED BY		Keith Starks		TEL.	01485 542268		
Saturday		6	Gaywood and Reffley Wood	P.C. PE30 4EQ	MAP	L132	E250	
28th April	MEET		Gaywood Cemetery C.P. off A1076 Gayton Rd.		REF.	639 205		
1000hrs	LED BY		John Keenan		TEL.	01553 674262		
Sunday		9	Burnham Thorpe & Captain Woodget	P.C. PE31 8HL	MAP	L132	E251	
29th April	MEET		Burnham Thorpe V.H. - E. side of playing field		REF.	854 415		
1030hrs	LED BY		John Keenan	C.P. fee (see start of programme)	TEL.	01553 674262		
Tuesday	BRISK	6.5	Bluebell Walk at Glandford	NO P.C.	MAP	L133	E251	
1st May	MEET		Wiveton Downs C.P.		REF.	031 423		
1000hrs	LED BY		Jon Higgins	By permission of the Glandford Estate	TEL.	01553 671683		
Thursday		5	Hunstanton and Holme	P.C. PE36 6EJ	MAP	L132	E250	
3rd May	MEET		St. Edmund's Chapel, Cliff Parade, Hunstanton		REF.	674 419		
1000hrs	LED BY		Deri & Jan Rowlinson		TEL.	01553 674636		
Saturday		7.5	Walton Common to Nar Valley Woods	P.C. PE32 1PP	MAP	L132	E236	
5th May	MEET		Abbey Farm, East Walton (@ L.H. bend below postbox keep		REF.	744 165		
1000hrs	LED BY		John Mansfield	R. into Church Lane to Abbey Farm Liveries)	TEL.	01553 671533		

Sunday 10 th June	Bouddica Way Linear Walk Stage 2				see leaflet/Sheila 01953 861094
Thursday 14 th June	Hopton VH via Market Weston & Weston Fen	230 994790	5		Sheila S. 01953 861094
Sunday 17 th June	Ketteringham VH	237 162032	6		Terry 01953 789270
Sunday 24 th June	Gayton Thorpe Church joint walk with mid-Norfolk group	236 132-745185	9.5		Janis & Maurice 01603 880927
Sunday 1 st July	Caistor St. Edmund Roman Town c.p. Exploring concessionary paths at the site & High Ash Farm (moderate pace)	237 233033	6		Janet & Geoff 01953 602457
Sunday 8 th July	Bouddica Way Linear Walk Stage 3				see leaflet/Sheila 01953 861094
Thursday 12 th July	Burston Strike School	230 137832	5.5		Barbara 01953 861477
Sunday 15 th July	Chedgrave & Hardley riverside cp on north edge of Loddon	OL 40 362990	8 (5m option)		Sheila S. 01953 861094
Sat 21st July-Sun 5th August. Thetford Area Walking Festival					
Saturday 21st July 10.30	Honington Fox figure of 8	229 910 744	8		c/o Dave Hodkinson 01842 761239 Edward
Sunday 22 nd July	Warren Lodge Circular	229 841841	11		Tim
Tues 24 th July 10.30	Thetford Circular	229	5		Dave Hodkinson 01842 761239
Thursday 26 th July 6pm	Thetford evening walk	229	3		Dave Hodkinson 01842 761239
Sunday 29 th July 10.15	Brandon to Thetford linear 9.36 train from Thetford to Brandon meet Brandon Clock tower in Market Place. Return walk via Little Ouse trail	229 867 836 229 784 864	10		Jim & Wendy
Tuesday 31st July 10.30	The Mill Inn Market Weston	229 979776	6		Julia Bradbury

SOUTHERN NORFOLK GROUP

April 2012 - July 2012

Secretary : Margaret Wilde Tel 01953 788268 Email jamwilde@hotmail.com**Start time.** All walks start at **10.00 am** unless stated otherwise

In the event of extreme weather, please contact the Walk Leader.

Car parking. A fee (£1 per car) will normally be collected by the leader where Village Hall or Church car parks are used and a donation made to the owners (leaders, if the total collected is less than £10, this will be topped up from group funds)**Explorer map references** are given unless another map series is stated e.g. Landranger but grid references are the same for all series**Dogs** are welcome on walks unless otherwise stated. Thursday walks are designed to be dog-friendly.

<u>Date & Time</u> <u>if not 10 am</u>	<u>Venue</u>	<u>Grid Ref.</u>	<u>Miles</u>	<u>Leader(s)</u>
Sunday 1 st April	Loddon Church public car park. (moderate pace)	OL40 362988	8	Janet & Geoff 01953 602457
Saturday, 14 th April, 10.30 walk 1pm meal	Crossways Inn, Scole meet 10am to order food. non-walkers welcome to meal. Bookings by 7/4/12	230 149789	5	Sue & Eileen 01603 611606
Sunday 15 th April	Santon Downham Forestry c.p. Joint walk with Little Ouse group	229 816876	5.5	Sheila S. 01953 861094
Thursday 19 th April	Bunwell Church	237 125927	6	Sheila F. 01953 860156
Sunday 22nd April	Brandon Bury Rd. car park at rear of market place	229 785846	10	Paul & Doris 01842 878702
Sunday 29 th April	Waveney River Centre Burgh St. Peter figure of 8 2pm ferry trip (£3 return/£10 per 4) pub lunch available	OL40 492935	8.5 (5.5 plus 3)	Sheila S. 01953 861094
Sunday 6 th May	Acle - free c. p. off Bridewell Lane near library	OL40 401107	9	Sue & Eileen 01603 611606
Sunday 13 th May	Bouddica Way Linear Walk Stage 1			see leaflet/Sheila 01953 861094
Thursday 17 th May	Brockdish Church via Thorpe Abbots & Angles Way	230 240796	5.5	Sheila S. 01953 861094
Sunday 20 th May	Hinderclay VH, Bells Lane, IP22 1HW Hepworth, , Hopton & Angles Way	230 026768	11	Bernie & Lynne 01953 887363 07772 849777
Sunday 27 th May	Diss (Ramblers 'Get Walking Day') Park Rd. car park	230 115796	6	Pam & Maureen 01379 67767
Mon 28th May	Walks for next programme due in today			

KING'S LYNN & DISTRICT GROUP APRIL TO JULY 2012

TWO WALKS TODAY:-

Sunday	8.8	East & West Rudham Romp	P.C. PE31 8RD	MAP	L132	E251
6th May	MEET	East Rudham Village Green		REF.	827 283	
1030hrs	LED BY	John Keenan		TEL.	01553 674262	

AND:-	14	Shernborne	P.C. PE31 6RT	MAP	L132	E250
Long Walk	MEET	Green lane on Shernborne to Fring road @ bend		REF.	722 324	
0930hrs - N.B.	LED BY	Bill Fletcher	1/4m E. of Shernborne	TEL.	01485 544579	

Tuesday BRISK	6	Blickling Bluebells Bonanza	P.C. NR11 6NF	MAP	L133	E252
8th May	MEET	C.P. @ junction of B1354 & New Road, Blickling Hall		REF.	155 289	
1000hrs	LED BY	Chris Oakely		TEL.	01760 722947	

Thursday	5.5	Holkham Park	P.C. NR23 1RG	MAP	L132	E251
10th May	MEET	Holkham Village C.P.		REF.	891 436	
1000hrs	LED BY	Carole Sneddon & Joy Jones	01485 572774	TEL.	01485 579019	

Saturday	6	Shouldham and Shouldham Thorpe	P.C. PE33 0DH	MAP	L143	E236
12th May	MEET	Shouldham Warren C.P.		REF.	680 104	
1000hrs	LED BY	Marion Scales		TEL.	01553 840534	

Sunday	8.5	The Creakes	P.C. NR21 9AD	MAP	L132	E251
13th May	MEET	North Creake V.H.		REF.	852 378	
1030hrs	LED BY	Barry & Val leHair		TEL.	01553 692280	

Tuesday BRISK	6	Massingham Heath	P.C. PE32 1PN	MAP	L132	E250
15th May	MEET	Junction of B1145 and minor road leading to Gayton		REF.	759 194	
1000hrs	LED BY	Jon Higgins Thorpe (signed to West Acre Gardens)		TEL.	01553 671683	

Thursday	4.5	Brancaster and Barrow Common	P.C. PE31 8AU	MAP	L132	E250
17th May	MEET	Brancaster Church @ junction of B1153 & A149		REF.	772 439	
1000hrs	LED BY	Dennis & Angela Buisson		TEL.	01485 572458	

Saturday	6	Ringstead & Holme	P.C. PE36 5BD	MAP	L132	E250
19th May	MEET	Junction of Green Bank & Ringstead / Holme Rd.		REF.	707 420	
1000hrs	LED BY	Janet Simpson - 400yds N. of windmill		TEL.	01485 571161	

Sunday	6.5	Narford and Around	P.C. PE32 1TE	MAP	L132	E238
20th May	MEET	Narborough end of Narford Rd.- behind the bus shelter		REF	750 127	
1030hrs	LED BY	Mike & Sue Berman		TEL.	01553 679277	

AND:-	8.5	Narford and a bit more Around	P.C. PE32 1TE	MAP	L132	E236
Longer Walk	MEET	Narborough end of Narford Rd.- behind the bus shelter		REF	750 127	
1030hrs	LED BY	Mike & Sue Berman		TEL.	01553 679277	

Tuesday BRISK	6	Middleton Muddle	P.C. PE32 1SQ	MAP	L132	E236
22nd May	MEET	Sandpit Lane, Blackborough End (off Wormegay Rd.)		REF	672 143	
1000hrs	LED BY	Brian Hillman	Mob. 07974 956965	TEL.	01553 765338	

Thursday	5	Fring and Peddars Way	P.C. PE31 6SE	MAP	L132	E250
24th May	MEET	Fring Church		REF.	735 348	
1000hrs	LED BY	Jan Cox		TEL.	01553 829670	

Saturday	5.5	The Woottons	P.C. PE30 3LJ	MAP	L132	E250
26th May	MEET	C.P. by South Wootton V. H. opp. St. Mary's church		REF.	640 228	
1000hrs	LED BY	Glyn & Kay Davies		TEL.	01553 674636	

Sunday	10	Syderstone, Barmer and beyond	P.C. PE31 8SD	MAP	L132	E251
27th May	MEET	Syderstone church		REF.	833 327	
1030hrs	LED BY	Jane Allen	Please park away from the church	TEL.	01485 572742	

Tuesday BRISK	6	Sheringham Park	P.C. NR26 8TL	MAP	L133	E251
29th May	MEET	Sheringham Park National Trust C.P.		REF.	139 411	
1000hrs	LED BY	Mick & Sue Jeffery	C.P. charge for non N.T. members	TEL.	01328 830886	

KING'S LYNN & DISTRICT GROUP APRIL TO JULY 2012

Thursday 31st May 1000hrs	4.5 MEET LED BY	Burnham Overy Staithe beach walk West Harbour Way, Burnham Overy Staithe Margaret Jones	P.C. PE31 8JS REF. 844 443 TEL. 01328 711998	MAP L132 E251
Saturday 2nd June 1000hrs	5 MEET LED BY	Bawsey Bounce Leziate V.H. C. P. Annie Bird	P.C. PE32 1EN REF. 681 192 C.P. fee (see start of programme) TEL. 01760 339412	MAP L132 E250
TWO WALKS TODAY:-				
Sunday 3rd June 1030hrs	8 MEET LED BY	Diamond Jubilee walk Sandringham Fruit Store, Common Drove, Flitcham Allan & Sue Jones	P.C. PE31 6BY REF. 714 266 By Permission - no dogs please TEL. 01553 671829	MAP L132 E250
AND:- Long Walk 0930hrs - N.B.	14 MEET LED BY	Shouldham, Marham and Narborough Shouldham Warren C.P. Dave Middleton	P.C. PE33 0DH REF. 680 104 TEL. 01553 671038	MAP L143 E236
Tuesday 5th June 1000hrs	BRISK 6 MEET LED BY	Syderstone Sprint Syderstone church Jane Allen	P.C. PE31 8SD REF. 833 327 Please park away from the church TEL. 01485 572742	MAP L132 E251
Thursday 7th June 1000hrs	5 MEET LED BY	Roydon Common and Grimston Warren Roydon Common C.P. (take B road off A148 to Liz Fiddick Grimston, then 1st track R.)	No P.C. REF. 679 227 TEL. 01485 540940	MAP L132 E250
Saturday 9th June 1000hrs	6.5 MEET LED BY	Helhoughton & West Raynham All Saints Church, Helhoughton Bob Sainty - NEW LEADER!	P.C. NR21 7BP REF. 869 265 TEL. 01553 842560	MAP L132 E238
Sunday 10th June 1030hrs	10 MEET LED BY	Oxborough and Beachamwell Opposite the church by the village sign Barry leHair	P.C. PE33 9PS REF. 744 015 TEL. 01553 692280	MAP L143 E236
Tuesday 12th June 1000hrs	BRISK 6 MEET LED BY	Pentney and Marham Fen C.P. near Pentney church (@ road junction) Neville Huggins	P.C. PE32 1JJ REF. 721 138 Mob. 07971 981085 TEL. 01406 370752	MAP L132 E236
Thursday 14th June 1000hrs	5.5 MEET LED BY	North Creake North Creake V.H. Alan Crisp	P.C. NR21 9AD REF. 852 378 TEL. 01328 738142	MAP L132 E251
Saturday 16th June 1000hrs	5 MEET LED BY	Terrington St. John and the Flat Lands Opposite WW2 pillbox in Church lane (off Church Rd) Iain Miller n.b. Turn R on brige over A47 from Lynn	P.C. PE14 7SD REF. 533 157 TEL. 01945 780331	MAP L131 E236
Sunday 17th June 1030hrs	8.5 MEET LED BY	Wash Island Paradise C.P. @ Ongar Hill (Terrington St. Clement - Marsh Rd. then Brian Hillman Rhoon Rd. until sign to Ongar Hill) N.B. NORFOLK STREET ATLAS SHOWS MARSH RD. AS 'NORTHGATEWAY'	P.C. PE34 4JF REF. 581 247 TEL. 07974 956965	MAP L131 E249
Tuesday 19th June 1000hrs	BRISK 6 MEET LED BY	Plumstead and Baconsthorpe Plumstead church (4m S.E. of Holt) Alan Crisp	P.C. NR11 7LG REF. 132 349 TEL. 01328 738142	MAP L133 E252
Thursday 21st June 1000hrs	5 MEET LED BY	Around Gayton Gayton Thorpe church Liz Fiddick	P.C. PE32 1PN REF. 745 185 TEL. 01485 540940	MAP L132 E250
Saturday 23rd June 1000hrs	5.5 MEET LED BY	Ken Hill, Snettisham and Park Farm Common C.P. off Beach Rd (near old Railway Station) John & Daphne Hocknell	P.C. PE31 7PF REF. 673 336 TEL. 01553 631458	MAP L132 E250

11th (Monday 7.00pm)	SOUTH WALSHAM (South Walsham Broad Car Park, Broad Lane)	OL40/L134 372139	4	Jean	01508 538260
14th	REEPHAM (Old Station Car Park— <u>park at far end please</u>)	E238/L133 101234	6	Trevor & Margaret	01603 453338
17th (Sunday 2.00pm)	DEREHAM (Neatherd Moor parking area, Crown Road)	E238/L132 996135	6	Ian	01603 622539
21st	COACH TRIP (Swiland & Stonham Aspal) 8.45am from Notcutts: [book via John L 01603 432335]		9	Simon P	01603 748390
25th (Monday 7.00pm)	WYMONDHAM (Wymondham Abbey Station Car Park)	E237/L144 104015	4½	Helen	01508 493917
26th (Tuesday 9.00am)	WALK & WHERRY TRIP (Horsefen Road, Ludham)	OL40/L134 396177	4	Joyce	01603 880783
28th	LENWADE (Bridge Inn on A1067)	E238/L133 102183	6	Malcolm	01603 466431
JUL	5th HOXNE (The Swan Inn)	E230/L156 180772	5½	Sue A	01379 676654
[NB Booking starts today for the coach trip on 19th July]					
9th (Monday 7.00pm)	ACLE (Community Centre Car Park)	OL40/L134 401107	4½	Carol	01603 461731
12th	BROOKE (Village Hall on B1332 – park at rear of building please)	OL40/L134 285993	6	Bev & Shannon	01603 870596
15th (Sunday 2.00pm)	HEMPNALL (Hempnall Church)	E237/L134 241945	5	Rod & Janet	01379 677267
19th	COACH TRIP (Wilford Bridge, Ufford, Wickham Market) 8.45am from Notcutts: [book via John L 01603 432335]		9	Rod & Janet	01379 677267
23rd (Monday 7.00pm)	ALDBOROUGH (Community Centre, bottom of village green)	E252/L133 185344	4	Brian	01603 405975
26th	BANHAM (Community Centre)	E230/L144 064878	6	Rod & Janet	01379 677267

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NORFOLK RAMBLERS HOLIDAYS IN 2012

Spring Walking Holiday to Abingworth, West Sussex
Mon 7th to Sat 12th MaySummer Sightseeing Holiday to Llandudno
(for those no longer able to participate in walking holidays)
Mon 4th to Sat 9th JuneAutumn Walking Holiday to the Lincolnshire Wolds
Sun 9th to Fri 14th September

Contact Joyce (01603 880783) for details and availability

WENSUM GROUP

Secretary: Tony Smith, 3 Priors Drive, Old Catton, Norwich, NR6 7LJ Tel: 01603 423085

Please Note. All walks on Thursdays start at 10.30am unless otherwise stated.

If anyone requires a lift or wishes to share a car to a Wensum Group ramble, they are invited to contact John K. (01692 535051) who will try to arrange it.

Date	Venue	Grid Ref	Miles	Leader
The Social Evening will take place on Saturday 31 March from 7 to 11 pm at Bawburgh Village Hall. Members and guests welcome. Tickets (£4.50) from Joyce (01603 880783).				
APR	5th MUTFORD (Anemone Walk) (Village Hall, off A146)	OL40/L156 489883	5	Janet
			[NR34 7RU]	01603 413265
[NB Booking starts today for the coach trip on 19th April]				
	12th STRUMPSHAW (Huntsman PH)	OL40/L134 355080	5½	Sue T & Jen C
			[NR13 4AG]	01603 714333
	15th NEATISHEAD (Sunday 2.00pm) (Boardwalk car park, ¾ east of village centre)	OL40/L134 351208	5½	Gillian & John K
			[NR12 8BJ]	01692 535051
	19th COACH TRIP (Leiston, Westleton & Dunwich) 8.45am from Notcutts: [book via John L 01603 432335]		9	Sue W
				01603 411679
	26th LYNG (Village Hall)	E238/L133 068180	6	Patrick & Sylvia
			[NR9 5RT]	01603 810977
MAY	3rd BLICKLING (Bluebell Walk) (Blickling Hall Main NT Car Park - charge for non-members)	E252/L133 175286	6	John L
				01603 432335
[NB Booking starts today for the coach trip on 17th May] [NR11 6NF]				
	10th LINGWOOD (Car park opp. Village Hall, Station Road)	OL40/L134 364081	5	Penny
			[NR13 4AZ]	01603 810618
	14th NORWICH (Bridges Walk) (Monday 7.00pm) (Westwick Street Pay & Display Car Park)	E237/L134 225091	4½	Roy
			[NR2 4SZ]	01603 612104
	17th COACH TRIP (Coggeshall & Feering) 8.45am from Notcutts: [book via John L 01603 432335]		9½	Sue A
				01379 676654
	20th BUXTON (Sunday 2.00pm) (Bure Valley Railway Station, Stracey Road)	OL40/L134 233228	5½	Gillian & John K
			[NR10 5ET]	01692 535051
	24th HEDENHAM (The Mermaid PH on B1332)	OL40/L134 312928	5½	Val & Pauline
			[NR35 2LB]	01508 530479
	28th HETHERSETT (Monday 7.00pm) (Village Hall, Back Lane)	E237/L144 054155	4½	Patrick & Sylvia
			[NR9 3JJ]	01603 810977
	31st UPPER SHERINGHAM (Village Hall)	E252/L133 143419	6	Geoffrey
			[NR26 8TG]	01603 880783
JUN	7th HEMSLEY (Village Hall, Waters Road)	OL40/L134 489174	6½	Sue W
			[NR29 4LE]	01603 411679
[NB Booking starts today for the coach trip on 21st June]				

KING'S LYNN & DISTRICT GROUP APRIL TO JULY 2012

Sunday	7.8	Cley and Salthouse	NO P.C. AVAILABLE	MAP L133	E251
24th June	MEET	South Gate of St. Margaret's church		REF. 048 431	
1030hrs	LED BY	Mike & Sue Berman		TEL. 01553 679277	
Tuesday	BRISK	6	Hempton and Dunton	P.C. NR21 7AB	MAP L132 E238
26th June	MEET	Hempton Church - C.P. adjacent		REF. 914 291	
1000hrs	LED BY	Pam Andrews		TEL. 01328 862983	
Wednesday	4.5	Breakfast Walk - Castle Rising and Ling Common		MAP L132 E250	
27th June	MEET	Courtyard behind Unique shop (off one way road)		REF. 666 248	
0815hrs	LED BY	Keith Starks & Sheila Drewery	P.C. PE31 6AG	TEL. 01485 542268	
		Please Book & Pay £5.50 for 'FULL ENGLISH' by 21st to Leaders			
Thursday	6.5	Dersingham Diversion	NO P.C.	MAP L132 E250	
28th June	MEET	Picnic site off Dersingham By Pass A149 - 0.5 m from		REF. 679 303	
1000hrs	LED BY	Brian Hillman	Dersingham roundabout	TEL. 07974 956965	
Saturday	6	Brancaster & Burnham Deepdale	P.C. PE31 8AU	MAP L132 E250	
30th June	MEET	Brancaster Church @ junction of B1153 & A149		REF. 772 439	
1000hrs	LED BY	Jane Hansell		TEL. 01553 631600	
TWO WALKS TODAY:-					
Sunday	10	Pub & Picnic - Burnham Thorpe (for drink), Holkham		MAP L132 E251	
1st July	MEET	Holkham Village C.P.	Sandhills (for picnic)	REF. 891 436	
1030hrs	LED BY	Sheila Drewery	finish approx. 3 p.m.	P.C. NR23 1RG	TEL. 01553 673518
AND:-	12.5	Helhoughton and Around	P.C. NR21 7BP	MAP L132 E238	
Long Walk	MEET	All Saints Church, Helhoughton		REF. 869 265	
0930hrs - N.B.	LED BY	Mary Moore & Hilary Hodgkinson	Please park sensibly	TEL. 01553 672692	
Tuesday	BRISK	6.5	Harpley Dams	P.C. PE31 6DS	MAP L132 E250
3rd July	MEET	Peddars Way, Harpley Dams off A148 rear of Dogotel		REF. 772 255	
1000hrs	LED BY	Bill Fletcher		TEL. 01485 544579	
Thursday	5	West Lexham	P.C. PE32 2BX	MAP L132 E236	
5th July	MEET	1/4m N.E. of Newton, on old road adjacent to A1065		REF. 833 158	E238
1000hrs	LED BY	Bob & Karin Garner	(on L.H. side)	TEL. 01760 755554	
Saturday	8	Burnham Thorpe and The Creakes	P.C. PE31 8HL	MAP L132 E251	
7th July	MEET	Burnham Thorpe V.H. - E. side of playing field		REF. 854 415	
1000hrs	LED BY	James & Katie Fisher		TEL. 01485 542848	
Sunday	7.5	Bawsey & Roydon Common	P.C. PE32 1EP	MAP L132 E250	
8th July	MEET	C.P. off B1145 just E. of Sandboy P.H.		REF. 675 198	
1030hrs	LED BY	Sally Dunkely		TEL. 01553 762378	
Tuesday	BRISK	7.5	Walton Common to Nar Valley Woods	P.C. PE32 1PP	MAP L132 E236
10th July	MEET	Abbey Farm, East Walton	@ L.H. bend below post box, keep	REF. 744 165	
1000hrs	LED BY	John Mansfield	R. into Church Lane (to Abbey Farm Liveries)	TEL. 01553 671533	
Thursday	6	Dersingham and Ingoldisthorpe	P.C. PE31 6NQ	MAP L132 E250	
12th July	MEET	Ingoldisthorpe lay-by on B1440, opposite Recreation		REF. 683 325	
1000hrs	LED BY	Keith Starks	Ground	TEL. 01485 542268	
Saturday	5	Oxborough and Gooderstone	P.C. PE33 9PS	MAP L143 E236	
14th July	MEET	Opposite Oxborough church by the village sign		REF. 744 015	
1000hrs	LED BY	Marion Scales		TEL. 01553 840534	
Sunday	8	Wildflower Walk on Houghton Estate	No dogs please	MAP L132 E250	
15th July	MEET	"Bunkers Hill" C.P. opposite the West Lodge	No P.C.	REF. 776 289	
1030hrs	LED BY	Sue & Allan Jones	By permission of Marquis Cholmondeley	TEL. 01553 671829	

KING'S LYNN & DISTRICT GROUP APRIL TO JULY 2012

Tuesday 17th July 1000hrs	BRISK 6 MEET LED BY	Castle Acre and Around Stocks Green, Castle Acre Val Chapman	P.C. PE32 2AE When parking please consider local residents	MAP L132 REF. 816 151 TEL. 01553 765860	E236
Thursday 19th July 1000hrs	5.5 MEET LED BY	Walsingham and Sleepy Great Snoring Great Walsingham Barns C.P. Brian Payne	P.C. NR22 6DR	MAP L132 REF. 945 376 TEL. 01485 532669	E251
Saturday 21st July 1000hrs	7 MEET LED BY	Around Stowbridge and Downham Opp. Heron P.H. Stowbridge Charlie & Jo Chilvers	P.C. PE34 3PP OR P.C. PE34 3PH	MAP L143 REF. 604 069 TEL. 01366 384191	E236
Sunday 22nd July 1030hrs	8.3 MEET LED BY	Well Hall to Grimston Heath Lane at Well Hall on Grimston to Gayton Rd. John Keenan	P.C. PE32 1QD (opposite Water Works notice) - please park sensibly	MAP L132 REF. 727 203 TEL. 01553 674262	E250
Tuesday 24th July 1000hrs	BRISK 6 MEET LED BY	Pickenham Lost & Found - a parish church St. Mary's church Houghton on the Hill (near Pnham) Chris Oakely	PE37 8DP (tour of church available after walk)	MAP L144 REF. 869 054 TEL. 01760 722947	E236
Wednesday 25th July 1800hrs - N.B.	4 MEET LED BY	Pott Row and Congham with Hog Roast by Elsegoods Pott Row V.H. Car Park - £1 per car Janet Rose	MAP L132 P.C. PE32 1AQ Cost £5 - tickets from JR & Sheila Drewery N.B. Numbers will be limited!	REF. 703 219 TEL. 01485 601206	E250
Thursday 26th July 1000hrs	6 MEET LED BY	Swaffham and Peddars Way Ecotech Centre off A1065 Station St. in Swaffham Ray & Carol Longman	P.C. PE37 7HT	MAP L144 REF. 819 097 TEL. 01328 838822	E236
Saturday 28th July 1000hrs	5.5 MEET LED BY	Coxford and Broomthorpe Eastern end of Coxford just past Manor Farm Ray & Carol Longman	P.C. PE31 6TB	MAP L132 REF. 849 295 TEL. 01328 838822	E251
Sunday 29th July 1030hrs	8 MEET LED BY	Roydon Common and Grimston Warren Roydon Common C.P. Pat Reed	No P.C. (take B road off A148 to Grimston, then 1st track R.)	MAP L132 REF. 679 227 TEL. 01485 540757	E236
Tuesday 31st July 1000hrs	BRISK 6.5 MEET LED BY	King's Lynn, with Ferry across Great Ouse King Edward VII school C.P. Sue Lake	MAP L132 P.C. PE30 2QB N.B. Ferry charge	REF. 629 205 TEL. 01485 542190	E236

A TOTAL OF 77 WALKS COVERING 530 MILES

Sheringham Amblers

A new walking group, designed for those who prefer shorter walks taken at a leisurely pace. Walks will start at 10:30 a.m and last one and quarter to one and half hours approximately. Please phone Alan Gildert 01263 825061 by 9:30 a.m if the weather is in doubt or to discuss the route.

Thurs 5 April	Kelling car park in lay-by almost opposite Reading Room Tea Rooms	133/095429 Exp 251	Alan 01263 825061
Thurs 3 May	Weybourne station upper car park. Over bridge and immediately left (if coming from Weybourne).	133/118418 Exp 252	Alan 01263 825061
Thurs 7 June	North Walsham Witton Heath, car park down rough lane marked on map.	133/319312 Exp 252	Alan 01263 825061
Thurs 5 July	Beeston Church car park, near caravan entrance opposite Beeston School.	133/173431 Exp 252	Alan 01263 825061

Sunday 3 rd June	Bergh Apton VH Exp. OL40/LR134 307014 donation for parking please There will be a committee meeting after this walk at Geoff & Monica's house.	Anne (H) 01508 550218	8
Tuesday 12 th June (eve)	Upton Dyke C.P. Exp OL 40/LR134 402128	Jackie 01493 852818	5
Sunday 17 th June	Framlingham C.P near main gate at Castle LR 156 285 637	Bernard 01493 664802	9
Tuesday 19 th June (morn) ,	Caister St. Edmund Roman town C.P Exp OL 237 233034	Geoff & Monica 01603 720374 6	
Tuesday 26 th June (eve)	Filby . Free C.P ExpOL40 /LR134 465133	Geoff & Monica 01603 720374 5	
Sunday 1 st July	Saxlingham Green park along green and meet at old red phone box . Exp. 237 / LR 134 242/965	Richard and Ann 01493 719288	9
Tuesday 10 th July (eve)	Lound V.H Exp.40/LR134 505989 Donation for parking please	Christine 01493 300999	5
Sunday 15 th July	Pigreys wood C.P LR.133 296321	Richard and Linda 01493 731909 Mob. 077329 36249	8.5
Tuesday 17 th July (morn)	Beccles Quay C/P Exp OL40/LR134 423911	Bob & Marlene 01493 780341	5
Tuesday 24 th July (eve)	Horsey . Lord Nelson Pub. Meet at 5 0'clock .Walk followed by a meal at the pub . If you wish to have a meal after the walk , you MUST contact Ann by the 17 th July .	Ann (S) 01493 393671	4.5
Sunday 29 th July	Mulbarton V.H Exp OL237 195008 donation for parking please	Geoff & Monica 01603 720374 8-9	

Please let Jackie have details of walks by 3rd June at the very latest . Ph.01493 852818 or e-mail
jm.roberts@mypostoffice.co.uk . Thanks

GREAT YARMOUTH AND DISTRICT GROUPSecretary .. Trevor . 01493 377460 e-mail . trevor.broadbent1@btinternet.com

Programme April - July 2012

All Sunday walks start at 10.30

Tuesday morning walks at 10.00

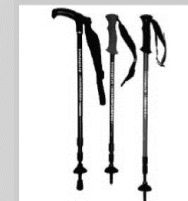
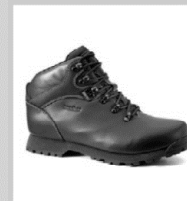
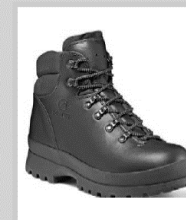
Tuesday evening walks at 7.00 except 24th**July**

In the event of inclement weather , please telephone the leader(s) to check if the walk is still taking place . Would anyone wishing to bring a dog on the walk , please check with the leader beforehand .

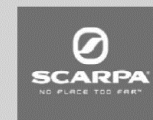
Date	Venue /map ref	Leader (s)	Miles
Tuesday 17 th April	Rollesby stopped up road nr. Horse and groom LR 134 444162	Richard and Linda 01493 731089 mob. 077329 3649	6
Sunday 22 nd April	Dunwich Beach C.P LR 156 479707	Jackie 01493 852818	9
Tuesday 1 st May (eve)	Blofield Church LR 134 335092	Richard & Linda 01493 731089 Mob. 077329 3649	5
Sunday 6 th May	Outney Common C.P. Exp.OL40/LR134 334918	Janet & Helen 01603 413265 01508 493917	8
Tuesday 15 th May (morn)	Gillingham Church stopped up road off A 146 Exp.OL40/LR134 410922	Mike & Ros 01603 270684	5
Sunday 20 th May	Wangford V.H Exp .OL 231 /LR 156 467792 Please park on overflow C.P donation for parking please	Mike & Ros 01603 270684	8
Tuesday 29 th May (eve)	South Walsham V.H Exp.OL40/LR134 368133 donation for NWT please	Mike & Ros 01603 270684	5

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SHERINGHAM GROUP

Group Secretary Edwina Moore, 20 Creake Road, Sculthorpe, Fakenham NR21 9NG
01328 862 771

Walks Secretaries Jasmine Winter, Hope Cottage, The Street, Weybourne, NR25 7SZ
01263 588822
Geri Wiggs, 5 Linden Grove, Sheringham, NR26 8PD
01263 820238

If there is anyone who would like to help to maintain and/or clear footpaths in our area, please contact our liaison officer Richard – telephone 01263 588045.

If you would like to be one of the walk leaders for the Sheringham group, please ring Jasmine on the number above.

Unless otherwise stated, all walks start at 10 a.m. If 6 miles or less walks are morning only, with a brief snack break. For longer walks, please bring a packed lunch.

If you wish to bring a dog on any walk, please phone the leader beforehand.

Dates	Venue	Grid ref	Miles	Leaders
APRIL				
Sun 1st	Aldborough . Free parking around green. Meet at Post Office. Figure of 8 walk. Lunch on Aldborough Green.	133/185343 Exp 252	10 (6 & 4 miles)	David & Janet 01263 734336
Wed 11th	Glandford church . Free c.p in village. Heritage walk around Bayfield.	133/045415 Exp 251	5.5	Julia 01263 825457
Sun 15th	Mannington Hall c.p. Donation box 50p	133/143322 Exp 252	10.5	Norman 01263 825457
Wed 25th	North Walsham Station Approach free c.p.	132/282297 Exp 252	6	Mike & Jane 01263 824885
Sun 29th	Kelling Heath free c.p.	133/099417 Exp 251	9	Clive & Barbara 01263 826263
MAY				
Sun 6th	Blakeney Village Hall, free c.p.	133/026437 Exp 251	10	Peter & Sue 01603 417282
Wed 9th	Felbrigg Hall Sexton Lodge free c.p.	133/187398 Exp 252	5.5	Geri & Alan 01263 820238
Sun 13th	Hindringham village hall free c.p. Lunch available at 2.30 p.m. Bookings taken prior to walk.	133/983360 Exp 251	11	Mike & Jane 01263 824885
Wed 16 th meet 9 p.m. Walk 10–12 p.m	Wheatshaf pub. West Beckham free c.p. NIGHT WALK. BRING A TORCH	133/142397 Exp 252	4.5	Norman 01263 825457
Sun 20th	COACH TRIP to London with an 8 mile linear walk along the Lea Valley and a visit to the Olympic village. <u>See booking slip for details.</u>		8	
Wed 23 rd 11 a.m. start	Holkham village c.p. Free WALK AND PICNIC. Bring your own picnic..	133/892437 Exp 251	5	Richard & Susan 01263 588045
Sun 27th	Fisherman's c.p. Park Farm, Blickling free parking.	133/180297 Exp 252	9.5	Julia 01263 825457

Date	Venue	Map No's & Grid Ref	Miles	Leader/s
Wednesday June 27th 10:00am	Three Peaks of North Norfolk. West end of Sheringham Esplanade	133/252 TG 154 435	11	Roy 01603 279883
Sunday July 1 st 10:00am	Pulham Market, park around the village	156/230 TM 197 861	12.5	Richard W 01603 505362
Wednesday July 4th 7:00pm	Evening walk Whitlingham Lane, Trowse Park on side of the road before ski slope	134/OL40 TG 247 069	5.5	Peter J 07905 565740
Sunday July 8 th 10:15am	Boudicca Way Linear walk Part three Tasburgh to Poringland. Meet at Tasburgh village hall, Grove Lane, Tasburgh, NR15 1LR	134/237 TM 201 963	10	Peter J 07905 565740
Wednesday July 11th 10:00am	Buxton Turkey Trot. Buxton Station car park, Stracey Road	133/OL40 TG 232 229	11	Neil 01603 740221
Sunday July 15 th 10:00am	Car park at Green Lane off Loddon Road, Ditchingham	134/OL40 TM 341 912	13	Richard W 01603 505362
Wednesday July 18th 07:00pm	Evening walk. Costessey 3 peaks challenge. Meet at Costessey centre, Longwater Lane	134/237 TG 169 113	5.5	Neil 01603 740221
Sunday July 22 nd 10:00am	Park at Worstead village hall car park (50p donation per person to hall funds)	134/OL40 TG 301 260	11	Peter & Sue 01603 417282
Wednesday July 25th 10:00am	Bacton Woods car park	133/252 TG 317 311	10	Ann 01603 439544
Sunday July 29 th 10:00am	Meet at Blickling Great Wood car park	133/252 TG 162 297	14	Neil 01603 740221

The Ramblers'

Norfolk Area

Date	Venue	Map No's & Grid Ref	Miles	Leader/s
Saturday May 5 th 09:30am	<u>Peak District Weekend</u> Miller's Dale old station pay & display car park	119/OL24 SK 138 733	12.5	Gerald 07980 181911
Sunday May 6 th 09:30am	<u>Peak District Weekend</u> Gradbach, meet at car park just before the youth hostel	119/OL24 SK 998 662	13	Peter 07905 565740
Monday May 7 th 09:30am	<u>Peak District Weekend</u> Meet at Buxton town centre Pavilion Gardens	119/OL24 SK 057 734	6.5	Gerald 07980 181911
Wednesday May 9th 10:00am	<u>Meet at Martham Church – park in village</u>	134/OL40 TG 454 184	11	Richard W 01603 505362
Sunday May 13 th 10:30am	Boudicca Way Linear walk Part one Diss to Pulham Market Meet at Shelfhanger Road car park Diss IP22 4EH	144/230 TM 115 801	10	Peter J 07905 565740
Sunday May 20 th 10:00am	Meet at The Street, Morton-on-the-Hill (off the A1067 Fakenham Road)	133/238 TG 127 168	11.5	Richard S 01603 483959 07500 363279
Wednesday May 23rd 10:00am	<u>Roman Camp, Sandy Lane between West Runton & Aylmerton. (50p P&D except for NT members)</u>	133/252 TG 184 414	11	Jeanne & Pat 01603 897141
Sunday May 27 th 10:00am	Meet at The Dell, on out skirts of Beccles off B1062 Bungay Road, (Limited parking) or use street parking	156/231 TM 418 900	12	Peter J 07905 565740
Wednesday June 6th 7:00pm	<u>Meet at car park outside Norwich prison on Britannia Road</u>	134/237 TG 243 094	5.5	Peter J 07905 565740
Sunday June 10 th 10:30am	Boudicca Way Linear walk. Part two, Tivetshall to Tasburgh. Meet at Tivetshall village hall, Green Lane, Tivetshall St Margaret, NR15 2BJ	144/230 TM 168 866	11	Peter J 07905 565740
Wednesday June 13th 10:00am	<u>Filby – park at Sports Field on left on A1064 200 yards east of village shop/PO</u>	134/OL40 TG 467 134	11.5	Richard W 01603 505362
Sunday 17 th June 09:30am	<u>Lake District Walking Week</u> Meet at The Moot Hall, Main Street, Keswick (tourist information centre)	90/OL4 NY 266 233	5 to 6hrs	Gerald 07980 181911
Sunday June 24 th 10:00am	Holt Country Park (Hempstead Road car park)	133/251 TG 088 382	13	Richard S 01603 483959 07500 363279

Newsletter & Walks Programme

April - July 2012

JUNE				
Wed 6th	Cley village hall free c.p.	133/048437 Exp 251	5.5	Ken & Sue 01603 866798
Sun 10th	Cley Village hall free c.p.	133/048437 Exp 251	9	Dereck 01263 821300
Sun 17th	Upper Sheringham village hall. Free c.p.	133/142419 Exp 252	5	Theresa & Charles 01263 861633
Walk 2.p.m.	Walk followed by a STRAWBERRY TEA			
Tea approx 4:15	<u>Booking slip enclosed</u>			
Wed 20th	Holt Hempstead Rd.free car park	133/088382 Exp 251	5.25	Jasmine 01263 588822
Sun 24th	Gressenhall museum free c.p.	132/974171 Exp 238	10	Mike & Jane 01263 824885
JULY				
Wed 4 th Walk 3 p.m. BBQ 5:30	Upper Sheringham Village Hall. Free c.p. Walk followed by a BBQ . <u>Booking slip enclosed.</u>	133/142419 Exp 252	5	Jasmine 01263 588822
Sun 8th	Kelling Heath free c.p.	133/099417 Exp 251	9.5	Dereck 01263 821300
Wed 11 th 6:15 p.m.	Heydon Earle Arms pub. Free c.p. <u>Evening walk</u>	133/112272 Exp 238	6	Mike & Jane 01263 824885
Wed 18th	Bure Valley Railway Station Buxton. Free c.p.	132/233228 OL 40	5.5	John & Gillian 01692 535051
Sun 22nd	Marsham free c.p in old Norwich Road	133/197240 Exp 238 OL 40	10	David & Janet 01263 734336
Sun 29th	Castle Acre castle c.p. free	132/819152 Exp 251	8.75	Edwina 01328 862771
	Rambler walks put on by our group for the <u>Sheringham Carnival</u> , all starting from the War Memorial. Park on streets.	133/156433 Exp 252		
Tues 31st July 2 p.m.	Heading East		5 to 6	Jasmine 01263 588822
Thurs Aug 2nd 10:30 a.m.	Heading South			Mike & Jane 01263 824885
Friday Aug 3rd 10:30 a.m.	Heading West			Dereck 01263 821300

See page 10 for Sheringham Amblers

NORWICH GROUP

Secretary: Derek Goddard, 49 Lindford Drive, Eaton, Norwich NR4 6LR ☎ 01603 506906

Sunday Walks Co-ordinator: Gerald Brooker, ☎ 01603 501599 Mobile 07980 181911

Wednesday Walks Co-ordinator: Jeanne Murphy ☎ 01603 897141

Are you aware that if you use Ramblers Worldwide Holidays for your walking holidays under the walking partnership scheme the Norwich group receives direct funding for every person travelling, phone Gerald for more information

Grid References are shown with the Landranger Map No first then the Explorer Map No followed by the Grid Reference

Peak District weekend Friday 4th May to Monday 7th May based at Buxton

Lake District walking week Sunday 17th June to Friday 22nd June inclusive based at Keswick

Date	Venue	Map No's & Grid Ref	Miles	Leader/s
Sunday April 1 st 10:00am	Thetford Warren Lodge car park. Dirt car park just off B1107 Thetford to Brandon road next to golf course	144/299 TL 841 841	11	Tim 01842 765992
Sunday April 8 th 10:00am	Meet at Hempstead Road car park, Holt Country Park	133/251 TG 088 382	12.5	Simon 01603 762340
Wednesday April 11 th 10:00am	<u>Murder in the vicarage. Great Ellingham. Lay-by on right on B1077 from Attleborough before village</u>	144/237 TM 022 969	11	Neil 01603 740221
Sunday April 15 th 10:00am	Kelling Heath, unsigned car park North side of Holgate Hill	133/252 TG 099 418	11	Jeanne & Pat 01603 897141
Sunday April 22 nd 10:00am	Tom & Jake's walk Tasburgh village hall	134/237 TG 201 965	12	Tom 01603 710468
Wednesday April 25 th 10:00am	<u>Bacton Playing Field. At junction of B1159 (Coast road) & North Walsham Road</u>	133/252 TG 344 334	10.5	Jeanne & Pat 01603 897141
Sunday April 29 th 10:00am	Meet at Weavers Way car park, Station Road, North Walsham	133/252 TG 275 330	12.5	Neil 01603 740221
Friday May 4 th 10:30am approx	<u>Peak District Weekend</u> Meet at Monyash Church	119/OL24 SK 151 665	10	Peter 07905 565740

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MID-NORFOLK GROUP

Sec: Carole Jackson, "Mandola", Mill Street, Elsing, Dereham. NR20 3EJ
Tel 01362-637752

All walks start at 10am unless otherwise stated.
Packed lunch required for walks of 7 miles or more.

Programme of walks – 1st April – 31st July 2012

Date	Venue	Grid ref.	Miles	Leaders
Sun 1 st Apr	Wiveton Downs car park.	Expl 251 133-031422	8.5	Carole & Alwyn 01362-637752
Sun 15 th Apr	Gressenhall Rural Life Museum car park.	Expl 238 132-974169	7	Chris & Ray 01603-872709
Sun 22 nd Apr	Little Barningham Cross- roads just west of village.	Expl 252 133-136333	10	Brenda & John 01603-871641
Sun 29 th Apr	Holkham Village Almhouse car park.	Expl 251 132-892436	9	Sue & Brian 01328-701545
Sun 6 th May	Pretty Corner, Sheringham.	Expl 252 133-154413	12	Jimmy 01362-668698 07789 724 430
Sun 13 th May	Boudicca Way Linear Walk No.1. Details elsewhere in programme.			
Sun 20 th May	Marsham. Lay-by off A140.	Expl 252 133-198237	7.5	Carole & Alwyn 01362-637752
Sun 27 th May	Great Massingham and Roudham. Park opp church on the green in Great Massingham.	Expl 250 132-798229	9	Jane 01328-856521
Sun 3 rd June	Narford Wood off the A1122 Swaffham-Downham Market road. Forest Road no. 105.	Expl 236 143-768088	11-12	Jimmy 01362-668698 07789 724 430
Sun 10 th June	Elsing Village Hall car park. Parking donation.	Expl 238 133-053166	6	Trevor 01362-694402
	Boudicca Way walk no.2			
Sun 24 th June	Gayton Thorpe. Park next to church. Joint walk with S Norfolk.	Expl 250 132-744185	9.5	Janis & Maurice 01603-880927
Sun 1 st July	Wighton. Park on verge by village sign near Carpenter's Arms.	Expl 251 132-942397	6.5	Dot & Martin 01362-694654
Sun 8 th July	Boudicca Walk no.3			
Sun 15 th July	Gressenhall Green.	Expl 238 132-964165	6.5	Dot & Martin 01362-694654
Sun 22 nd July	Weybourne. Park in field south of station. Lunch in Sheringham.	Expl 252 133-118419	13 Optional 9m if preferred.	Sue & Brian 01328-701545

Short and Leisurely Walks (Norwich Group) on Thursday Afternoon

All walks commence at 1.30p.m.

Short Walks Officer – John Annis, 55 The Warren, Old Catton. NR6 7NN

Tel: 01603 423231

Walks Co-ordinator – Ed Lovatt 01603 614668

Queries on all walks should be addressed to the leaders concerned.

Date	Venue and Map Reference	Miles	Leader
5 th April	Mousehold Heath – Britannia Road car park 134/243 095	4m	Grace Weeds 01603 425942
12 th April	Guist-park on green opposite Post Office 132/999 256 (Collection for 'Big C 'in memory of David Goodyear)	4m	Susan Andrews 01362 668163
19 th April	Howe Hill 134/374 191	5m	Dennis Ayton 01603 738619
26 th April	East Tuddenham – Village Hall car park 133/082 113	4m	Pat Corrigan 01603 747734
3 rd May	Whitlingham – park opp. ski slope on Whitlingham Lane 134/269 078	4m	Colin Clarke 01603 454977
10 th May	Postwick – park Village Hall, Ferry Lane, past church 134/078 295	4m	Richard Tunbridge 01603 439944
17 th May	Wreningham - Village Hall car park (collection) 144/159 985	4.5m	Rosemary Carpenter 01953 604791
24 th May	Filby meet car park opposite public house OL40 – 465133	4m	Mike + Ros 01603 270684
31 st May	Horsey Mill - Nat. Trust car park P.C. NR29 4EF 4.5m 134/457 223		Gill Albert/Carol Urquhart 01603 402003/01603 300494
7 th June	Alby and Thwaite - meet car park at Alby Crafts 4m 133/208 324 P.C. NR11 7HQ		Ed Lovatt 01603 614668
14 th June	Acle and Upton Green Free car park off Bridewell Lane, Acle OL 401108	4m	Rita Stewart 01603 425620
21 st June	Cantley Village Hall (collection) 134/382 044	4.5m	Ken 01493 750094
28 th June	Aylmerton – meet Felbrig Lion's Mouth car park (free) 133/188 399	4.5m	Denise + Roderic Woodhouse 01263 511743
5 th July	Ranworth – meet car park 133/362 145	4m	Yvonne Davis 01603 783940
12 th July	Bacton Woods – car park 133/318 312	4m	Ted Grummitt 01603 898520
19 th July	Cromer Pier – meet at pier, find own parking 133/219 423	4m	Bill Butler 01603 625602
26 th July	Southrepps – Village Hall car park 133/257 366	4.5m	Paul Garman 01603 300953

Norfolk Ramblers' : Walks Finder Calendar : April - July 2012

April 2012

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1 IKMNOS
2	3 K	4	5 AHKW	6	7 IK	8 IKN
9	10 K	11 NS	12 HKW	13	14 FKOo	15 IKLMNOSW
16	17 GK	18	19 HKOW	20	21 K	22 IGKMNO
23	24 K	25 NS	26 HKW	27	28 FK	29 IKMNOS
30						

May 2012

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 GK	2	3 AHKW	4 N	5 IKN	6 GIKMNOS
7 IN	8 IK	9 INS	10 IHKW	11 I	12 FIK	13 IKMNOS
14 W	15 GK	16 S	17 HKOW	18	19 K	20 GIKLMNOSsW
21	22 K	23 INS	24 HKW	25	26 FK	27 IKMNOS
28 W	29 GK	30	31 HKW			

June 2012

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1 I	2 IK	3 GgIKM
4 I	5 K	6 NS	7 AHKW	8	9 FfK	10 KMNOS
11 W	12 GK	13 N	14 HKOW	15	16 K	17 IGKNOSsW
18	19 GK	20 S	21 HKW	22	23 FK	24 IKMNOS
25 W	26 GKWw	27 KN	28 HKW	29	30 K	

July 2012

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1 GKMNO
2	3 K	4 NSs	5 AHKW	6	7 FK	8 KMNOS
9 W	10 GK	11 NS	12 HKOW	13	14 K	15 GKLMNOW
16	17 GK	18 NS	19 HKW	20	21 KO	22 FKMNOS
23 W	24 GKO	25 KkN	26 HKOW	27	28 K	29 GKNOS
30	31 KOS					

This calendar shows which groups are holding a walk on a particular date, walks are indicated by a capital letter in the appropriate day's box, whilst any other event by that group is indicated by a lower case letter. Please see the group's listing for the specific details of the walk or event.

Key: F: Fakenham, G: Great Yarmouth, K: King's Lynn, M: Mid Norfolk, N: Norwich, S: Sheringham, A: Sheringham Ambblers, O: Southern Norfolk, W: Wensum, L: Leg Stretchers, H: Short Leisurely, I: Hike Norfolk