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The Ramblers' Association
Working for walkers



Norfolk Area Newsletter & Walks Programme

August - November 2012

<http://www.norfolkra.org.uk/>

AREA OFFICE: Our Area Secretary is Brian Ansell, the address for area correspondence is 44 The Street, Rockland St. Mary, Norwich, NR14 7AH. The phone number is (01508) 538654 and the email address is ansell44@tiscali.co.uk

Path Problems in Norfolk, where sure of your details, can be reported directly to: Rights of Way Team, Planning & Transportation Dept, Norfolk County Council, County Hall, Martineau Lane, Norwich, NR1 2SG. (Telephone: 0844 800 8020)

Where a member is unsure, or the problem is not clear, report the problem to Ian Mitchell, 5 Montcalm Road, Norwich, NR1 4HX. (Telephone: 01603 622539, email address: ianmitchell5@virginmedia.com) Ian would also like to know anything directly reported to the Rights of Way Team.

The Area News Editor: Richard May, 24 Swanton Avenue, Dereham, NR19 2HJ. Telephone 01362 851547, email address is richard@inter-logic.co.uk

All RA members are invited to take part in any walk in the Area programme. Non-members are welcome to participate and are invited to join the RA if they so desire once they have sampled the variety of walks on offer. New members can join or existing members can update their details (change of group, change of name or address) by phoning Ramblers Central Office in London on 020 7339 8500 . You can also join on the Ramblers website: <http://www.ramblers.org.uk>

Dates for your diary:

The next deadline for copy for the newsletter is 13 October 2012. The deadline for copy for the following newsletter will be 16 February 2013. The remaining Area Council meeting in 2012 will be 10th November at 10:00 at Honingham Village Hall



Tel: 0845 331 2782
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Inter-Logic have always prided ourselves on the best ever broadband installations. This starts with one of the best service providers in the industry, offering UK based technical support with properly qualified technicians on a normal rate phone number. On top of this, Inter-Logic install high quality Internet connection hardware, and always make sure your security software is current, so that every install is a safe install.

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RAMBLERS CENTRAL OFFICE

The address of the Ramblers' Central Office is:
2nd Floor, Camelford House, 87—90 Albert Embankment, London SE1 7TW
Tel: 020 7339 8500, Fax: 020 7339 8501

The Norfolk Area, Ramblers' Association, is part of The Ramblers' Association, a registered charity (number 1093577), and a company limited by guarantee (registration number 4458492)

New Ferry across the Waveney at Burgh St. Peter.

I was fortunate to be invited to the official launch of the "Ternpike Ferry" on 26th May at the Waveney River Centre. The ceremony was performed by David Bellamy, a very happy occasion on a lovely sunny Saturday. The photos show David Bellamy testing the service shortly after the launch.



This link between the Norfolk and Suffolk sides of the river opens up new options for walks (Norwich and Southern Norfolk Groups have a joint figure of eight walk on 23rd September – a Norfolk walk in the morning and a Suffolk walk in the afternoon). It also provides an option for backpackers on the Angles Way to cross the river from Carlton Marshes to the campsite on the Norfolk side of the river. The ferry can take twelve passengers and the fare varies according to numbers.

Sheila Smith

A Celebration

I would like all my Rambler friends (old and new) to join me on 20th October – I have found an excuse (or two) to have a celebration! I will have been a member of the Ramblers for 50 years, 30 of them in Norfolk. Of course we will start with a walk, six and a half miles from Old Buckenham Village Hall, followed by lunch. I am asking you to all bring a contribution towards the lunch (not more than one plateful (or equivalent) per person please) – that way you don't have to tell me in advance that you are coming and I have no complicated calculations trying to work out how much food to provide! I have hired the large hall so there should be space for all who wish to come – I am looking forward to seeing you. Full details in Southern Norfolk programme.

Sheila Smith

**NORFOLK RAMBLERS**

Sheila Smith – Publications Manager
Caldcleugh, Cake Street
Old Buckenham, Attleborough
Norfolk, NR17 1RU

Phone 01953 861094
sheilasmith@clara.co.uk

GUIDE BOOKS – PRICE LIST

Peddars Way & Norfolk Coast Path with Weavers Way Guide and Accommodation List, public transport information etc.	£3.30
Angles Way Guide , includes Accommodation and public transport 94 miles, Gt. Yarmouth to Thetford through S Norfolk and N Suffolk	2012 edition £3.60
Iceni Way Guide , includes Accommodation List. 84 miles, Knettishall to Hunstanton). First 16 miles provides off road link between Knettishall and Thetford, can be combined with either Peddars Way or Angles Way	£2.70
North Norfolk Rambles – 16 circular walks - 5 ¹ / ₂ to 10 ¹ / ₄ miles	£2.70
Southern Norfolk Rambles – 16 circular walks - 6 to 11 miles	£2.70
West Norfolk Walkaway – 2 – 16 circular walks - 4 ¹ / ₂ to 12 miles	£2.70
West Norfolk Walkaway – 3 – 16 circular walks - 5 to 9 ¹ / ₂ miles	£2.70
West Norfolk Walkaway – 4 – 16 circular walks - 6 to 12 miles With coloured maps and photographs	£3.30
Nelson's Heritage Walks – 16 circular walks - 3 to 10 miles	£2.70
Walks Around Norwich – 16 circular walks - 4 ¹ / ₂ to 6 ¹ / ₂ miles All accessible by public transport from Norwich	£2.70
Around Norfolk with The Ramblers – 30 circular walks – 4 to 10 miles With coloured maps and photographs	£9.90
Waveney Way , 72 miles circular walk in NE Suffolk, published by Waveney RA Group.	£2.10

Post and packing for Around Norfolk with The Ramblers is £1, all other books 50p per book, but maximum charge for p & p per order is £1. If your order totals more than £15 there is no charge at all for p & p. Orders by post to above address, cheques payable to 'Ramblers Association' please.

Part of The Ramblers' Association, company limited by guarantee, registration number 4458492.
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Free Guided Hill-Walking

You pay only for the accommodation - we guide you on the Lake District fells
Couples and small / medium sized groups are our speciality

Alternatively, relax and unwind, book on an accommodation only basis
we can advise on sightseeing, restaurants, walking etc.

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4 & 5 star High quality Self-catering Apartments in the heart of the National Park

Private apartments in converted 17th century Manor House & Coach House within own gardens.

Tranquil, secluded location. Only three minutes walk from all village amenities.

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* * *



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2 night breaks available over the winter period

Start a Mid-week break on a Monday - Stay Thursday free of charge

Free services of Qualified Mountain Leader for Guided Walking

Details & Brochure - Allison & Roger Peak 015394 34924

Email: coachhouse@npaworld.com

www.ambleside-accommodation.co.uk

In Memory of George Henry le Surf

George, born in Golders Green, London, on the 6th of September 1920, joined the Royal Navy as a boy sailor in 1936. He was serving on the battleship HMS Warspite at the outbreak of the Second World War and saw action in the North Atlantic and Mediterranean. Completing one of the Russian convoys to Murmansk he was then posted to Malta, joining one of the big convoys. After being torpedoed three times he was then transferred to minesweepers, then leaving the navy having completed twelve years as a chief petty officer.



After joining the National Fire Service in London and marrying in 1948, the Le Surfs made the move in 1956 up to Norfolk. George became Station Officer with the Norwich City Fire Brigade at Bethel Street where they lived in married quarters. Later with the help of fellow watch firemen George built the family home at Armes Street. After more than 20 years with the fire service he worked at the Stationery Office until formally retiring in the early 1980's.

Their love of the countryside blossomed but George and Jeanne found the footpaths mostly blocked, not mapped and very difficult to walk. The Armes Street home was to become for a time the Norfolk headquarters for footpath work. So began the task of improving Norfolk's footpath network. In the 1970's, with a group of stalwarts, the Norfolk Area of the Ramblers Association was launched, Jeanne was appointed County Footpaths Secretary and George took on the role of Norfolk Area Secretary, a post which he held for many years. They were honoured in 1976 by the Norwich & District Footpath Society which marked its 15th anniversary by awarding the first life memberships to Mr and Mrs le Surf. As a team Jeanne and George walked almost every known footpath in the county, known as Rambler, Jeanne compiled more than 2000 walks for the Evening News.

The le Surf husband and wife partnership campaigned for more than 50 years to improve Norfolk's footpath network. Becoming a formidable team, as Norfolk Ramblers forced action to tackle the backlog of blocked and overgrown footpaths and tracks. George represented the Ramblers at many public inquiries, and with Jeanne, a public voice was always to the forefront to further the aims of the RA. Protecting not only rights of way, but the beauty of the Norfolk countryside, in due course the le Surfs trained up a team of footpath secretaries to further the work they had started. The struggle still goes on but with the tireless work from George we now have a great advantage. The Norfolk Ramblers are listened to with respect; their voice is that of all walkers. On retirement from their positions with the Norfolk Ramblers George was made a vice president and Jeanne became president.

George passed away on the 4th of April 2012 aged 91, he leaves a widow, Jeanne; a daughter Jane, and a grandson Tom.

With Respect and Thanks to a True Gentleman. George, Fare Thee Well!

Bernard Moore - Area Chairman

KING'S LYNN & DISTRICT GROUP AUGUST TO NOVEMBER 2012

Group Secretary:- Mrs. S. Berman - 12, Kendle Way, K.L. PE30 3XX	Tel.01553 679277
Walks Programme Secretaries:-	
Tuesdays:- Mrs. S. Drewery - 143, Nursery Lane, North Wootton K.L. PE30 3QB	Tel.01553 673518
Thursdays:- Mrs. J. Cox - 7, Cobbs Hill, Terrington St. Clement K.L. PE34 4LS	Tel.01553 829670
Saturdays,Sundays & Overall:- Mr. J. Keenan - 15, Gaskell Way, K.L. PE30 3SD	Tel.01553 674262

Walk Details:- Sundays usually start @ 1030hrs, but longer walks may be earlier i.e. 0930hrs
Evening walks (usually Wednesday) may be either 1800 hrs or 1830 hrs depending on season
N.B. Any alteration to the above starting times will be shown in BOLD print
BRISK walks will maintain this pace throughout the walk and members who feel they would be unable to keep up, are advised not to attempt them
Food & drink - members should bring sufficient for their own needs over the length of the walk
Please observe both the Highway Code on roads & the Country Code offroad on all our walks.
Weather - If the weather prior to a walk is seriously adverse, it is recommended that the leaders be contacted before setting out, to confirm that the walk will still take place

Map References	L = O.S. Landranger maps 2cm:1km (1: 50 000 scale)
	E = O.S. Explorer maps 4cm:1km (1: 25 000)
The six digit number is the walk start location reference, with the first three digits showing position on the map edge scales horizontally & the second three showing position vertically .	
Note this six digit reference is the same for both Landranger & Explorer maps.	

WALK BOOKS:- We have a wide range of books available to walkers, covering both areas local to King's Lynn, as well as further reaches of Norfolk. They all feature 16 circular walks with maps and are easy for the casual walker to follow.
Prices are around £3 and the books can be obtained from:- Barry leHair @ K.L. 692280 or Allan Jones @ K.L. 671829
N.B. - Our latest book, West Norfolk Walkaway 4 is now available.

Please Note Abbreviations:- C.P.= Car Park V.H.= Village Hall N.T.= National Trust P.H.= Public House
Programme Secretary's Note:- I am trying to standardise "Meeting Point" identifications, so Walks Leaders may find slight alterations made to both their advised 'Descriptions' and 'Map References' in this programme - if anybody feels my modified descriptions are wrong or inappropriate, will you please let me know. **JK**
CAR PARKING - £1 per car This is in appreciation of our permission to park.

N.B..ALL WALK DISTANCES ARE SHOWN IN MILES

Wednesday	4.8	Grimston Carr	P.C. PE32 1DW	MAP L132	E250
1st Aug	MEET	Farm track opp. junction of Low Rd. in Grimston and	REF 720 227		
1800hrs	LED BY	Sue & Mike Berman	EVENING	B1153	TEL. 01553 679277
Thursday	6	Narborough and Marham Fen	P.C. PE32 1SR	MAP L132	E236
2nd Aug	MEET	Narborough Community Centre C.P. on Chalk Lane	REF 751 123		
1000hrs	LED BY	Keith Starks	C.P. fee (see start of programme)	TEL. 01485 542268	
Saturday	7.5	Country and Coast	P.C. PE36 6EJ	MAP L132	E250
4th Aug	MEET	St. Edmund's Chapel, Cliff Parade, Hunstanton	REF. 674 419		
1000hrs	LED BY	Brian Payne	TEL. 01485 532669		
TWO WALKS TODAY:-					
Sunday	7.5	The Burnhams	P.C. PE31 8DS	MAP L132	E251
5th Aug	MEET	Burnham Norton Marsh End (off A149 @ roadsign, REF 828 442			
1030hrs	LED BY	Pam Andrews into Norton St. to C.P. at end of Rd.)	TEL. 01328 862983		
AND:-	13	Ringstead and Fring	P.C. PE36 5LB	MAP L132	E250
Long Walk	MEET	Courtyard Farm C.P. Ringstead to Burnham Rd.	REF 722 405		
0930hrs - N.B.	LED BY	Valerie & Michael Smith	TEL. 01485 540728		
Tuesday BRISK	6	Gaywood and Reffley Wood	P.C. PE30 4EQ	MAP L132	E250
7th Aug	MEET	Gaywood Cemetery C.P. off A1076 Gayton Rd.	REF. 639 205		
1000hrs	LED BY	John Keenan	TEL. 01553 674262		

Hike Norfolk

Important Note: The walks listed in this programme for Hike Norfolk are not the final arrangements, but the dates that members are proposing to run walks. Before coming on any walk listed below members must check our online forum for the latest plans on that event. The forum can be found at:

<http://www.hikenorfolk.org.uk/forum>

The walks run by this group are aimed at walkers in their 20's, 30's and 40's, but along with any other Norfolk group, anyone is welcome to join us for any of our walks.

Date	Details	Start	Length	Leader
5th August	TBA	TBA	TBA	Emily-Jane Chaplin
11th August	Short walk and BBQ (Dereham)	TBA	TBA	Richard May
12th August	Denver Sluice	10:30	12 miles	Peter & Pippa
15th August	Norwich	19:00	4.5 miles	Ian Hardicker
18th August	Evening walk, TBA	TBA	TBA	Andrew T
19th August	TBA	TBA	TBA	Tim Arnold
26th August	TBA	TBA	TBA	Emily-Jane Chaplin
2nd September	Surlingham	10:30	8/9 miles	Ian Hardicker
9th September	TBA	TBA	TBA	Tim Arnold
16th September	Nene Way	TBA	TBA	Jennifer Simmons
22nd - 29th Sept.	Lake District	Various	Various	Ian Hardicker
22nd September	Wroxham (Barton House Railway) Evening walk	TBA	TBA	Johanna Cannell
23rd September	TBA	TBA	TBA	Emily-Jane Chaplin
7th October	TBA	TBA	TBA	Andrew T
14th October	Ely	TBA	TBA	Jennifer Simmons
20th October	Norfolk Coastal Path Part 1	08:00	23 miles	Peter & Pippa
21st October	TBA	TBA	TBA	Tim Arnold
27th October	TBA	TBA	TBA	Clive Manwaring
28th October	St. Olaves	10:30	8/9 miles	Johanna Cannell
4th November	Bure Valley	10:30	9 miles	Jennifer Simmons
17th November	TBA	TBA	TBA	Richard May
25th November	TBA	TBA	TBA	Clive Manwaring

FAKENHAM RAMBLERS GROUP

Programme of Walks – August 2012 – November 2012

Group Sec: Vic – 01263 713613 : Walks Sec: Alison – 01328 738902

All walks start at 10.30 am unless otherwise stated. Packed lunches required for walks over 6 miles. Have included postcodes wherever possible – **BUT** always use map reference!

Date & Time	Venue	Grid Ref & Miles	Leader(s)
August Sunday 5 th	Burnham Thorpe Park near Church	132/852418 (PE31 8HL) 8 miles	Barbara and Alan 01328 855352
Saturday 18 th	Cockthorpe Park on road near airfield	24/985422 (NR23) 6 miles	Sue and John 01328 710138
September Sunday 2 nd	West Acre Park bend of road near Mill House	236/788150 (PE32 1UE) 8.25 miles	Alison 01328 738902
Saturday 15 th	Blickling Park at NT Car Park at Blickling Hall	133/175285 (NR11 6NF) 9 miles	Judith 01328 864061
Saturday 29 th	Holt Lowes Hempstead Road Free Car Park	24/089383 (NR25 6ER) 6 miles	Brenda and John 01263 712281
Following this walk, a Walks Planning Meeting will be held at 14 Norman Cockaday Court, Holt NR25 6JA. We hope you will be able to attend but, if not and you can offer a walk, please contact Alison on 01328 738902. Bring your lunch. Liquid refreshment will be provided.			
October Sunday 14 th	Beetley Park at Village Hall (donation required)	238/970179 (NR20 4BY) 10½ miles (or shorten to 7 miles)	Iris and Richard 01362 860825
Saturday 27 th	Felbrigg Park Felbrigg Hall NT Car Park	133/195394 (NR21 8PR) 9 miles	Jayne and Philip 01263 712722
November Saturday 10 th	Roydon Common Roydon Playing Field CP	250/702228 (PE32) 7½ miles	Margaret and Stuart 01328 864727
Sunday 25 th	Houghton and Peddars Way Park near Doghotel	250/771255 (PE31 6DS) 8 miles	Lily 01328 851124

KING'S LYNN & DISTRICT GROUP AUGUST TO NOVEMBER 2012

Wednesday 8th Aug 1800hrs	3 MEET LED BY	Ashwicken All Saints church 0.4m along Church Lane S. off Sue & Mike Berman	P.C. PE32 1LN MAP L132 REF 699 189 E250
Thursday 9th Aug 1000hrs	5.3 MEET LED BY	Ingoldisthorpe and Dersingham Ingoldisthorpe lay-by on B1440, opposite Recreation Jan & Malcolm Cox	P.C. PE31 6NQ MAP L132 REF 683 325 E250 Ground TEL. 01553 829670
Saturday 11th Aug 1000hrs	5.5 MEET LED BY	Bartholomew's Hills and Peddars Way Junction of A1065 and South Acre Rd. (Peddars Way) John Keenan	No P.C. MAP L132 REF 818 131 E236 at Bartholomew's Hills TEL. 01553 674262
Sunday 12th Aug 1030hrs	8 MEET LED BY	Ashill Amble C.P. off Dunned Close, Ashill Jo & Charlie Chilvers	No P.C. MAP L144 REF 895 052 E236 TEL. 01366 384191
Tuesday 14th Aug 1000hrs	BRISK MEET LED BY	6 Castle Acre Stocks Green, Castle Acre Michael Phillips	P.C. PE32 2AE MAP L132 REF 816 151 E236 When parking please consider local residents TEL. 07786 077383
Thursday 16th Aug 1000hrs	5 MEET LED BY	Great Bircham Great Bircham village sign opp. the King's Head P.H. Joy Jones & Carole Sneddon	P.C. PE31 6RJ MAP L132 REF 766 322 E250 01485 579019 TEL. 01485 572774
Saturday 18th Aug 1000hrs	6.5 MEET LED BY	Helhoughton & West Raynham All Saints Church, Helhoughton Iain Miller	Please park sensibly P.C. NR21 7BP MAP L132 REF 869 265 E238 TEL. 01945 780331
Sunday 19th Aug 1030hrs	8 MEET LED BY	Wolferton Woods Sandringham Visitors Centre Sue & Allan Jones	P.C. PE35 6EN MAP L132 REF 689 287 E250 TEL. 01553 671829
Tuesday 21st Aug 1000hrs	BRISK MEET LED BY	5.5 Castle Rising and Around Old Hunstanton Rd. - N. of Alms Houses Katie & James Fisher	P.C. PE31 6AG MAP L132 REF 667 252 E250 TEL. 01485 542848
Thursday 23rd Aug 1000hrs	5.5 MEET LED BY	Litcham Common and the Nar Valley C.P. at E end of Litcham Common on the Dunham Rd. John Keenan (just past junction with Dereham Rd.)	P.C. PE32 2NU MAP L132 REF 888 173 E238 TEL. 01553 674262
Saturday 25th Aug 1000hrs	5.5 MEET LED BY	Little Massingham & Harpley Dams Little Massingham church Janet Simpson	P.C. PE32 2JT MAP L132 REF 793 242 E250 TEL. 01485 571161
Sunday 26th Aug 1030hrs	8 MEET LED BY	East Walton & West Acre Estate Gayton Thorpe church Pat Reed	P.C. PE32 1PN MAP L132 REF 745 185 E250 TEL. 01485 540757
Tuesday 28th Aug 1000hrs	BRISK MEET LED BY	6 Gayton Thorpe and East Walton Gayton Thorpe church Penny Bussey	P.C. PE32 1PN MAP L132 REF 745 185 E250 TEL. 07758832787
Thursday 30th Aug 1000hrs	5.5 MEET LED BY	Great Massingham and Peddars Way Great Massingham Green near church Jan & Malcolm Cox	P.C. PE32 2HY MAP L132 REF 798 229 E250 TEL. 01553 829670
Saturday 1st Sept 1000hrs	5 MEET LED BY	Strolling in Sedgeford Sedgeford V.H. Jarvie Close (off Ringstead. Rd.) Pat & John Tee	P.C. PE36 5NG MAP L132 REF 710 368 E250 TEL. 01485 572167

KING'S LYNN & DISTRICT GROUP AUGUST TO NOVEMBER 2012

TWO WALKS TODAY:-

Sunday	9	Swaffham and Sporle	P.C. PE37 7HT	MAP L144	E236
2nd Sept	MEET	Ecotech Centre off A1065 Station St. in Swaffham	REF 819 097		
1030hrs	LED BY	John Keenan	TEL. 01553 674262		
AND:-	13	Hempton, Colkirk and Fakenham	P.C. NR21 7AB	MAP L132	E238
Long Walk	MEET	Hempton Church - C.P. adjacent	REF 914 291		
0930hrs - N.B.	LED BY	Jane Riches	TEL. 01328 856521		
Tuesday BRISK	6	Holkham, Wells and Pine Woods	P.C. NR23 1RG	MAP L132	E251
4th Sept	MEET	Holkham Village C.P.	REF 891 436		
1000hrs	LED BY	Bill Coomes	TEL. 01328 711937		
Thursday	5	Holkham Estate with Walled Garden	P.C. NR23 1RG	MAP L132	E251
6th Sept	MEET	Holkham Village C.P.	REF 891 436		
1000hrs	LED BY	Brian Payne	TEL. 01485 532669		
		N.B. Entry fee £3 to Walled Garden			
Saturday	6	Swaffham and Swaefas Way	P.C. PE37 7HT	MAP L144	E236
8th Sept	MEET	Ecotech Centre off A1065 Station St. in Swaffham	REF. 819 097		
1000hrs	LED BY	Carol & Ray Longman	TEL. 01328 838822		
Sunday	8	The Three Villages Trail	P.C. PE35 6EN	MAP L132	E250
9th Sept	MEET	Sandringham Visitors Centre	REF 689 287		
1030hrs	LED BY	John Ross	TEL. 01485 543844		
Tuesday BRISK	6.5	Pre-Autumn walk around Snettisham	P.C. PE31 7NJ	MAP L132	E250
11th Sept	MEET	Snettisham church	REF 691 343		
1000hrs	LED BY	Bill Fletcher	TEL. 01485 544579		
		Please park sensibly in village away from church			
Thursday	5	Fakenham and River Wensum	P.C. NR21 7AB	MAP L132	E238
13th Sept	MEET	Hempton Holy Trinity Church - C.P. adjacent	REF 914 291	E251	
1000hrs	LED BY	Carol & Ray Longman	TEL. 01328 838822		
Saturday	6	Around Castle Acre	P.C. PE32 2AE	MAP L132	E236
15th Sept	MEET	Stocks Green, Castle Acre	REF. 816 151		
1000hrs	LED BY	Michael Phillips	TEL. 07786 077383		
		When parking please consider local residents			
Sunday	9	Nar Valley and Marham Fen	P.C. PE33 9JS	MAP L132	E238
16th Sept	MEET	Tithebarn Lane (off The Street, due N. of airfield)	REF 735 108		
1030hrs	LED BY	Rick Harrison	TEL. 01760 338300		
Tuesday BRISK	6	Wandering the Woottons	P.C. PE31 6AA	MAP L132	E250
18th Sept	MEET	Lay-by opposite entrance to K.L. Golf Club,	REF 654 239		
1000hrs	LED BY	Sheila Drewery	TEL. 01553 673518		
		South Wootton			
Thursday	4.8	Barrow Common and Brancaster Staithe	P.C. PE31 8DD	MAP L132	E250
20th Sept	MEET	Layby on A149 near Burnham Deepdale church	REF 804 443		
1000hrs	LED BY	Keith Starks	TEL. 01485 542268		
Saturday	6	Holkham & Wells	P.C. NR23 1RG	MAP L132	E251
22nd Sept	MEET	Holkham Village C.P.	REF 891 436		
1000hrs	LED BY	Angela & Dennis Buisson	TEL. 01485 572458		
Sunday	8	Castle Rising and Roydon Common	P.C. PE31 6AG	MAP L132	E250
23rd Sept	MEET	Old Hunstanton Rd. - N. of Alms Houses	REF 667 252		
1030hrs	LED BY	Sally Dunkely	TEL. 01553 762378		
Tuesday BRISK	6	South of Great Massingham	P.C. PE32 2HY	MAP L132	E250
25th Sept	MEET	Great Massingham Green near church	REF. 798 229		
1000hrs	LED BY	Barbara & Ken Vincent	TEL. 01553 767157		

Friday 14th	Jolly Farmers car park,	237	4	Margaret
September	Fornsett End	138 938		01953 788268

Saturday 15th Sept	Burston Crown	230	5.5	Sue & Eileen
10.30 walk	meet at 10am to order food.	137832		01603 611606
1pm meal	non walkers/non diners welcome			
	book by 8.09.12 please			

Sunday 23 rd	Waveney River Centre, Burgh St	OL40	8.5	Sheila S.
10am	Peter. Morning walk of 5.25 miles and	492935		01953 861094
2pm ferry	afternoon walk round Carleton			
	Marshes of 3.25 miles.			
	Joint walk with Norwich.			
	Ferry £1 - £2 depending on numbers.			

29th September Walks due in for the next programme

Sunday 30 th	Long Stratton Co-op free c. p.	237	9	Bernie & Lynne
September	NR15 2XJ	196 926		01953 887363
	via Shelton, Fritton & Morningthorpe			07772 849777

Thursday	Bridgham Lane	230	5.5	Sheila F.
11 th October		967837		01953 860156

Sunday 14 th	Kirstead Green Old Rd.	OL40	10	Sue & Eileen
October	Park at gates across the road	294973		01603 611606

Saturday 20th October	Old Buckenham VH, Abbey Rd	237	6.25	Sheila S.
	Walk and 'Bring & Share' lunch at 1pm to celebrate Sheila's 50 years with Ramblers. 30 in Norfolk.	066918	(short cuts)	01953 861094
	All welcome – please bring a contribution – savoury, sweet or liquid			

Sunday 28th October	Bracon Ash VH	237	10	John & Margaret
	B1113/Hawkes Lane junction	183998	(short cuts)	01953 788268

Sunday 4 th	Hempnall Village Hall car park	237	5	Terry
November		242943		01953 789270

Thursday	Redgrave and Lopham Fen Visitor	230	5	Barbara
15 th Nov.	Centre	053803		01953 861477

Sat 17th November	Tacolneston V.H. 1000 Walk, 1230 Lunch (provided), 1315 AGM	237	5.5	John
		141 945		01953 788268

SOUTHERN NORFOLK GROUP**August 2012 - November 2012****Secretary : Margaret Wilde Tel 01953 788268 Email jamwilde@hotmail.com****Start time.** All walks start at **10.00 am** unless stated otherwise

In the event of extreme weather, please contact the Walk Leader.

Car parking. A fee (£1 per car) will normally be collected by the leader where Village Hall or Church car parks are used and a donation made to the owners (leaders, if the total collected is less than £10, this will be topped up from group funds)**Explorer map references** are given unless another map series is stated but grid references are the same for all series**Dogs** are welcome on walks unless otherwise stated. Thursday walks are designed to be dog-friendly.

<u>Date & Time</u> <u>if not 10 am</u>	<u>Venue</u>	<u>Grid Ref.</u>	<u>Miles</u>	<u>Leader(s)</u>
Thursday 2 nd	Thetford Walking Festival Park at 3 Nuns car park	229 873 824	3	Dave 01842 761239
August 6pm	Follow Thetford's Saxon Boundary			
Sunday 5 th August	Gt. Moulton Church CP, Carr Lane Open Churches Week. Coffee at Aslacton Church. Optional tea at pub in afternoon.	237 167908	10	Pam & Maureen 01379 677670
Sunday 5 th August 2pm	Thetford Walking Festival Castle Park. Parking in roads nearby- all age pushchair friendly walk ending with a picnic (bring a snack if staying)	229 874 829	2	Dave 01482 761239
Sunday 12 th August 10.15am	Boudicca Way stage 4. Poringland to Whitlingham Park meet Heathgate Surgery, The Street, Poringland NR14 7JT	237 267 022	10 (5.5 option)	Peter 01603 478486 or Sheila 01953 861094
Thursday 16 th August	Small car park by Longs Wood, Wreningham	237 149990	5.5	Sheila S. 01953 861094
Sunday 19th August	Wood Norton VH Joint walk with mid- Norfolk group	238 009278	8	Janis & Maurice 01603 880927
Sunday 26 th August	Santon Downham Forestry Comm CP Church teas available after the walk	229 816877	7.5	Janet & Geoff 01953 602457
Sunday 2 nd September	Little Ouse Headwaters. Park on grass verge by Thelnetham windmill. Joint walk with Friends of Little Ouse Waterway	237 012791	5.5 - 6	Sheila S. 01953 861094
Sunday 9 th September	Knettishall Heath Suffolk Wildlife Trust car park (£1)	230 956 806	10	Paul & Doris 01842 878702

KING'S LYNN & DISTRICT GROUP AUGUST TO NOVEMBER 2012

Thursday 27th Sept 1000hrs	5.5 MEET LED BY	Harpley Dams and Common Peddars Way, Harpley Dams off A148 rear of Dogotel Liz Fiddick	P.C. PE31 6DS REF TEL.	MAP L132 772 255 01485 540940	E250
Saturday 29th Sept 1000hrs	6 MEET LED BY	South Acre to Narborough West Acre Common by Millhouse John Mansfield	No P.C. REF TEL.	MAP L132 788 150 01553 671533	E236
Sunday 30th Sept 1030hrs	8 MEET LED BY	Castle Rising and Roydon Common Old Hunstanton Rd. - N. of Alms Houses Shirley Barber & Rene Clucas	P.C. PE31 6AG REF TEL.	MAP L132 667 252 01553 767366	E250
Tuesday 2nd Oct 1000hrs	BRISK 6 MEET LED BY	Little Barningham and Mannington Little Barningham crossroads (n.b. limited car parking) Bill Coomes suggest travel via Saxthorpe @ junct. B1354	P.C. NR11 7AG REF TEL.	MAP L133 136 333 01328 711937	E252
Thursday 4th Oct 1000hrs	5 MEET LED BY	Castle Acre and West Newton Stocks Green, Castle Acre Peter Escott	P.C. PE32 2AE REF TEL.	MAP L132 816 151 01553 670245	E236
Saturday 6th Oct 1000hrs	6 MEET LED BY	Brancaster & Burnham Deepdale Brancaster Church @ junction of B1153 & A149 Jane Hansell	P.C. PE31 8AU REF TEL.	MAP L132 772 439 01553 631600	E250
TWO WALKS TODAY:-					
Sunday 7th Oct 1030hrs	8 MEET LED BY	Hunstanton, Ringstead and Holme St. Edmund's Chapel, Cliff Parade, Hunstanton Colin Elston	P.C. PE36 6EJ REF TEL.	MAP L132 674 419 01553 672243	E250
Long Walk 0930hrs - N.B.	14 MEET LED BY	Massingham Heath Peddars Way, Harpley Dams off A148 rear of Dogotel Bill Fletcher	P.C. PE31 6DS REF TEL.	MAP L132 772 255 01485 544579	E250
Tuesday 9th Oct 1000hrs	BRISK 6 MEET LED BY	The Raynham All Saints Church, Helhoughton Neville Huggins	P.C. NR21 7BP REF TEL.	MAP L132 869 265 01406 370752	E238
Thursday 11th Oct 1000hrs	5 MEET LED BY	Old Hunstanton Park and Ringstead Downs St Mary's church C.P. Old Hunstanton Angela & Dennis Buisson	P.C. PE36 6JS REF TEL.	MAP L132 688 419 01485 572458	E250
Saturday 13th Oct 1000hrs	6 MEET LED BY	Gayton Thorpe and Soigné Farm Gayton Thorpe church Marion Scales	P.C. PE32 1PN REF TEL.	MAP L132 745 185 01553 840534	E250
Sunday 14th Oct 1030hrs	7.5 MEET LED BY	Bawsey & Roydon Common C.P. off B1145 just E. of Sandboy P.H. Bob Sainty	P.C. PE32 1EP REF TEL.	MAP L132 675 198 01553 842560	E250
Tuesday 16th Oct 1000hrs	BRISK 5.8 MEET LED BY	West Barsham Grove Road (off B1105 Wells to Fakenham road) Jon Higgins	P.C. NR21 9NT REF TEL.	MAP L132 900 336 01553 671683	E251
Thursday 18th Oct 1000hrs	5.5 MEET LED BY	Wootton Woods, S.Wootton and Reffley Lay-by opposite entrance to K.L. Golf Club, John Hocknell	P.C. PE31 6AA REF TEL.	MAP L132 654 239 01553 631458	E250
Saturday 20th Oct 1000hrs	6.5 MEET LED BY	Great Bircham and Fring Great Bircham village sign opp. the King's Head P.H. Helen Lilley	P.C. PE31 6RJ REF TEL.	MAP L132 770 325 01485 600153	E250

KING'S LYNN & DISTRICT GROUP AUGUST TO NOVEMBER 2012

Sunday	7.8	Holme and Thornham	P.C. PE36 6LG	MAP L132	E250
21st Oct	MEET	C.P. next to the dunes & golf course		REF 698 439	
1030hrs	LED BY	John Keenan	N.B. Public C.P. charge - share transport?	TEL. 01553 674262	
Tuesday BRISK	6	Wiveton and Blakeney	No P.C.	MAP L133	E251
23rd Oct	MEET	Wiveton Downs C.P.		REF. 031 423	
1000hrs	LED BY	Sue & Mick Jeffery	By permission of the Glandford Estate	TEL. 01328 830886	
Thursday	5	Ingoldisthorpe and Around	P.C. PE31 6NQ	MAP L132	E250
25th Oct	MEET	Ingoldisthorpe lay-by on B1440, opposite Recreation		REF 683 325	
1000hrs	LED BY	Liz Fiddick	Ground	TEL. 01485 540940	
Saturday	6	Massingham and Around	P.C. PE32 2HY	MAP L132	E250
27th Oct	MEET	Great Massingham Green near church		REF 798 229	
1000hrs	LED BY	Barbara & Ken Vincent		TEL. 01553 767157	
British Summertime Ends!		Clocks BACK 1 hour!		British Summertime Ends!	
Clocks BACK 1 hour!		Clocks BACK 1 hour!		Clocks BACK 1 hour!	
Sunday	8	Barmer, Syderstone & Coxford Wood	P.C. PE31 8SR	MAP L132	E250
28th Oct	MEET	Barmer - grass verge off B1454		REF 810 334	E251
1030hrs	LED BY	Pat Reed		TEL. 01485 540757	
Tuesday BRISK	7.5	The Pingo Walk	P.C. NR17 1DP	MAP L144	E229
30th Oct	MEET	The Pingo Walk C.P. - W of A1075, 3.5m S of Watton		REF 941 966	
1000hrs	LED BY	Pat Dugard		TEL. 01553 673408	
Thursday	4.8	Sandringham and Flitcham	P.C. PE31 6BY	MAP L132	E250
1st Nov	MEET	Sandringham Fruit Store, Common Drove, Flitcham		REF 714 266	
1000hrs	LED BY	Sue & Allan Jones	By Permission - NO DOGS PLEASE	TEL. 01553 671829	
KING'S LYNN GROUP A.G.M.					
Saturday	4.5	Leziate and around	P.C. PE32 1EN	MAP L132	E250
3rd Nov	MEET	Leziate V.H. Car Park	(prior to lunch & A.G.M.	REF 681 192	
1000hrs	LED BY	Dave Carter	held at 1400HRS)	TEL. 01485 570097	
If you require a Lunch, please pre-order from Sue Berman or Sheila Drewery by 27th October					
TWO WALKS TODAY:-					
Sunday	8	Marham Fen and Pentney Abbey	P.C. PE32 1JJ	MAP L132	E236
4th Nov	MEET	C.P. near Pentney church (@ road junction)		REF. 721 138	
1030hrs	LED BY	Neville Huggins	Mob. 07971 981085	TEL. 01406 370752	
AND:-	13	Sandringham and Congham	P.C. PE35 6EN	MAP L132	E250
Long Walk	MEET	Sandringham Visitors Centre		REF. 689 287	
0930hrs - N.B.	LED BY	Valerie & Michael Smith		TEL. 01485 540728	
Tuesday BRISK	6	Leziate to St. Mary's ruins	P.C. PE32 1EN	MAP L132	E250
6th Nov	MEET	Leziate V.H. C.P.		REF 681 192	
1000hrs	LED BY	John Mansfield		TEL. 01553 671533	
Thursday	4.5	VCs Remembered - Downham and Bexwell		MAP L143	E236
8th Nov	MEET	Howdale C.P. Downham Market	P.C. PE38 9AH	REF. 615 029	
1000hrs	LED BY	Hazel & John Miles		TEL. 01366 385772	
Saturday	6	Pentney and Narborough	P.C. PE32 1JJ	MAP L132	E236
10th Nov	MEET	C.P. near Pentney church (@ road junction)		REF 721 138	
1000hrs	LED BY	Annie Bird		TEL. 01760 339412	
Sunday	8	Hunstanton and Ringstead Ramble	P.C. PE36 6EJ	MAP L132	E250
11th Nov	MEET	St. Edmund's Chapel, Cliff Parade, Hunstanton		REF 674 419	
1030hrs	LED BY	Katie & James Fisher		TEL. 01485 542848	
Tuesday BRISK	7	Sandringham and West Newton	P.C. PE35 6EN	MAP L132	E250
13th Nov	MEET	Sandringham Visitors Centre		REF. 689 287	
1000hrs	LED BY	Sheila Drewery		TEL. 01553 673518	

18th COACH TRIP (Fressingfield & Wingfield) 9 Wendy
8.45am from Homebase, Hall Road: [book via John L 01603 432335/07530 249128] 01953 602705

21st FELTHORPE E238/L 133 168181 5 Gillian & John K
(Sunday 2.00pm)(Pavilion Car Park) **[NR10 4AB]** 01692 535051

25th TAVERHAM E238/L133 150159 5/4 Diana
(Hinks Meadow Hall, Kingswood Avenue, off A1067) **[NR8 6UP]** 01603 423085

NOV 1st BRUNDALL OL40/L134 325087 6 Sue T & Jen C
(Memorial Hall, Links Avenue) **[NR13 5LL]** 01603 714333

8th ELSING E238/L133 053165 6 Helen
(Village Hall) **[NR20 3EA]** 01508 493917
- followed by the Wensum Group AGM (see below)

15th ALBURGH E230/L156 268871 6 Ann
(Village Hall) **[IP20 0DJ]** 01603 451930

18th BRANDON PARVA E237/L144 073079 4 Geoffrey
(Sunday 1.30pm)(Harrison's Yard by the track to the church) **[NR9 4DY]** 01603 880783

22nd LODDON OL40/L134 361987 6 Val & Pauline
(Jubilee Hall, George Lane) **[NR14 6NB]** 01508 530479

29th BEETLEY E238/L132 970178 6 Sue W
(Village Hall, High House Road, off B1146) **[NR20 4BY]** 01603 411679

The Annual General Meeting of the Wensum Group will be held at Elsing Village Hall on Thursday 8th November 2012 at 1.30 pm. Bring a packed lunch. Tea and coffee will be provided. Any motions from members or nominations to the Committee to be passed to the Secretary by 30th September latest please.

The Wensum Group Christmas Lunch will take place following the ramble on Thursday 13th December 2012 at the Filby Bridge Restaurant. Bookings will be taken from 1st October by Helen (01508 493917).

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NORFOLK RAMBLERS HOLIDAYS IN 2012

Autumn Walking Holiday to the Lincolnshire Wolds
Sun 9th to Fri 14th September

Contact Joyce (01603 880783) for details and availability

WENSUM GROUP

Secretary: Tony Smith, 3 Priors Drive, Old Catton, Norwich, NR6 7LJ Tel: 01603 423085

Please Note. All walks on Thursdays start at 10.30am unless otherwise stated.

If anyone requires a lift or wishes to share a car to a Wensum Group ramble, they are invited to contact John K. (01692 535051) who will try to arrange it.

Date	Venue	Grid Ref	Miles	Leader
A Social Evening will take place on Saturday 27 October from 7 to 11 pm at Bawburgh Village Hall. Members and guests welcome. Tickets (£4.50) from Joyce (01603 880783).				
AUG	2nd ROCKLAND ST MARY (Rockland Staithe Car Park)	OL40/L134	329046 5	Penny 01603 810618
			[NR14 7HP]	
	[NB Booking starts today for the coach trip on 16th August]			
	9th ROUGHTON (Park along old road by the New Inn)	E252/L133	219369 6	Malcolm 01603 466431
			[NR11 8SJ]	
	16th COACH TRIP (Wiggenhall St Germans) 8.45am from Homebase, Hall Road: [book via John L 01603 432335/07530 249128]		9	Sue W 01603 411679
	19th BUXTON (Sunday 2.00pm) (Bure Valley Railway Station, Stracey Road)	OL40/L134	233228 5	John L 01603 432335
				[NR10 5ET]
	23rd WEYBREAD (The Crown Inn)	E230/L156	249798 6	Sue A 01379 676654
				[IP21 5TL]
	30th WHISSONSETT (Village Hall)	E238/L132	918232 5½	Louise & Vilma 01603 433128
				[NR20 5ST]
SEP	6th GREAT YARMOUTH (Bure Park, off A149 Caister Road)	OL40/L134	523102 6	Richard & Sally 01603 437560
				[NR30 4AS]
	[NB Booking starts today for the coach trip on 20th September]			
	13th MUNDESLEY (Beach Road car park, opp. Maritime Museum)	E252/L133	315367 6	Carol 01603 461731
				[NR11 8BG]
	16th POTTER HEIGHAM (Sunday 2.00pm) (Park outside St Nicholas Church)	OL40/L134	419199 5	Gillian & John K 01692 535051
				[NR29 5LH]
	20th COACH TRIP (Roydon Common) 8.45am from Homebase, Hall Road: [book via John L 01603 432335/07530 249128]		9	Ann 01603 451930
	27th BURSTON (Strike School)	E230/L144	137832 6	Rod & Janet 01379 677267
				[IP22 5TP]
OCT	4th ACLE (Community Centre Car Park)	OL40/L134	401107 6	Janet N 01603 413265
				[NR13 3RA]
	[NB Booking starts today for the coach trip on 18th October]			
	11th BECCLES (Quay Car Park)	OL40/L134	424912 6½	Simon W 01603 748390
				[NR34 9BT]

KING'S LYNN & DISTRICT GROUP AUGUST TO NOVEMBER 2012

Thursday	5.5	Fring and Peddars Way	P.C. PE31 6SE	MAP L132	E250
15th Nov	MEET	Fring Church		REF. 735 348	
1000hrs	LED BY	Peter Escott		TEL. 01553 670245	
Saturday	6	Ringstead & Holme	P.C. PE36 5BD	MAP L132	E250
17th Nov	MEET	Junction of Green Bank & Ringstead / Holme Rd.		REF. 707 420	
1000hrs	LED BY	Jan & Deri Rowlinson	- 400yds N. of windmill	TEL. 01553 840651	
Sunday	7	Burnham Overy and Norton Marshes	P.C. PE31 8JS	MAP L132	E251
18th Nov	MEET	West Harbour Way, Burnham Overy Staithe		REF. 844 443	
1030hrs	LED BY	Chris Carling		TEL. 01328 738274	
Tuesday BRISK	6.5	Ghosts on Massingham Heath	P.C. PE31 6DS	MAP L132	E250
20th Nov	MEET	Peddars Way, Harpley Dams off A148 rear of Dogotel		REF. 772 255	
1000hrs	LED BY	Bill 'Spooky' Fletcher		TEL. 01485 544579	
Thursday	5.5	Sandringham and Dersingham Common	P.C. PE35 6EN	MAP L132	E250
22nd Nov	MEET	Sandringham Visitors Centre		REF. 689 287	
1000hrs	LED BY	Jan & Deri Rowlinson		TEL. 01553 840651	
Saturday	6	Castle Acre and West Acre	P.C. PE32 2AY	MAP L132	E238
24th Nov	MEET	C.P. at Castle		REF 819 152	
1000hrs	LED BY	Marion Scales	Visiting Vic Linnett's Memorial	TEL. 01553 840534	
Sunday	9.5	Burnham Thorpe and Nelson	P.C. PE31 8HL	MAP L132	E251
25th Nov	MEET	Burnham Thorpe V.H. - E. side of playing field		REF. 854 415	
1030hrs	LED BY	John Keenan	C.P. fee (see start of programme)	TEL. 01553 674262	
Tuesday BRISK	6	Ridge Walk from Dogotel to Hillington	P.C. PE31 6BJ	MAP L132	E250
27th Nov	MEET	Lay-by on A148 @ Hillington opposite B1440		REF 712 254	
1000hrs	LED BY	Wendy & Frank Woo	N.B. Bring Bus Passes or cash!	TEL. 01485 600413	
Thursday	5.8	Swaffham and Around	No P.C.	MAP L132	E236
29th Nov	MEET	Junction of A1065 and South Acre Rd. (Peddars Way)	REF 818 131		
1000hrs	LED BY	Karin & Bob Garner	at Bartholomew's Hills	TEL. 01760 755554	

75 Walks**498 Miles**

SHERINGHAM GROUP

Group Secretary Edwina Moore, 20 Creake Road, Sculthorpe, Fakenham NR21 9NG
01328 862 771
Walks Secretaries Jasmine Winter, Hope Cottage, The Street, Weybourne, NR25 7SZ
01263 588822
Geri Wiggs, 5 Linden Grove, Sheringham, NR26 8PD
01263 820238

If there is anyone who would like to help to maintain and/or clear footpaths in our area, please contact our liaison officer Richard – telephone 01263 588045.

If you would like to be one of the walk leaders for the Sheringham group, please ring Jasmine on number above.

All walks start at 10 a.m. unless otherwise stated. Wednesday walks are morning only with a snack break. For Sunday long walks, please bring a packed lunch. If you wish to bring a dog on any walk, please phone the leader beforehand.

Dates	Venue	Grid ref	Miles	Leaders
	Rambler walks put on by our group for the Sheringham Carnival , all starting from the War Memorial.	133/156433 Exp 252		
Tues 31 st July	Heading West 2 p.m.		5 - 6	Jasmine 01263 588822
Thurs 2nd August	Heading South 10.30 a.m.		5 - 6	Mike and Jane 01263 824885
Friday 3rd August	Heading East 10.30 a.m.		5 - 6	Dereck 01263 821300

AUGUST

Wed 1st	Sharrington village hall donation for c.p.	133/035371 Exp 251	6	Teresa & Charles 01263 861633
Wed 8th	Wiveton Downs free car park	132/031423 Exp 251	5	Edwina 01328 862771
Sun 12th	Beeston Regis lay by free parking	133/166426 Exp 252	10	Dereck 01263 821300
Wed 15th	Horsey Drainage Mill - N.T. c.p. Members free or £1.50 for 4 hrs	OL40/457223	5.5	Ken & Sue 01603 866798
Sun 19th 2 p.m.	Salthouse Beach free car park	133/082443 Exp 251	4.5	Jasmine 01263 588822
Sun 26th	Holt Spout Hills free parking	133/074388 Exp 251	9.5	Edwina 01328 862771
Wed 29th	Horstead Mill free c.p. - (Mill Road)	OL40/268193	5.5	Mike & Jane 01263 824885

SEPT

Sun 9th	Bacton – nr Broomhill Priory c.p. free	133/346335 Exp 252	10	David & Janet 01263 734336
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Sunday 28 th October	Lound V.H ExpOL40/LR134 505989	Bernard 01493 664802	6
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This walk will be followed by the A.G.M. .. which will start at 2 0'clock in the village hall . A scrumptious ...wonderful selection of home made cakes will be served after the meeting .. to all group members who attend !!

Sunday 11 th November	East Tuddenham V.H Exp. 238 082114	Mike & Ros 01603 270684	9
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Tuesday 20 th November	Lingwood Playing field Station Rd ExpOL40 364081	Mike & Ros 01603 270684	5
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Sunday 25 th November	Rockland St. Mary Staithe C.P ExpOL40/LR134 328046	Richard & Ann 01493 719288	9
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A date for the diary .. The traditional group Christmas walk followed by a meal will be on December 9th. Details will be available early November from Christine . Ph. 01493 300999. The meal MUST be booked with her by 2nd December at the very latest .

Can you please let Jackie have details of any walks that you can lead by October 7th. Ph. 01493 852818 or e-mail at jm.roberts@mypostoffice.co.uk . THANKS

The following paragraph relates to all walks advertised in this guide:

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise.

GREAT YARMOUTH AND DISTRICT GROUP
 Secretary .. Trevor .01493 377460 e-mail . trevor.broadbent1@btinternet.com
 Programme August to November 2012

All Sunday walks start at 10.30 . Tuesday morning walks at 10.00.

In the event of inclement weather , please telephone the leader(s) to check if the walk is still taking place . Would anyone wishing to bring a dog on the walk , please check with the leader beforehand .Please note ...V.H means village hall.. donation for parking .. thank -you

Date	Venue /map ref	Leader (s)	Miles
Sunday 12 th August	Repps V.H . LR134 426174	Richard & Lynda 01493 731089 mobile .. 077329 36249	10
Tuesday 21 st August	Moulton St.Mary Garden Centre please park in overflow C.P with thanks to the management Exp. 0140/LR134 398075	Richard & Lynda 01493 731089 mobile .. 077329 36249	5
Sunday 2 nd September	Felbrigg Hall N.T. Pay and display C.P Exp252/LR133 196394	Christine 01493 300999	10
Sunday 16 th September	Wenhaston V.H LR 156 425754	Jackie 01493 852818	9
Tuesday 18 th September	Lookout station North Drive G.Y park far end of sea front ExpOL40/LR134 530104	Trevor 01493 377460 Mob. 07792155107	6
Sunday 30 th September	Walcott.park along sea front Exp252 /LR133 357330 There will be a committee meeting after this walk at Richard and Lynda's house .	Barbara 01692 405703	9
Sunday 14 th October	Filby Free C.P Opp. P/H ExpOL40 /LR134 465133 No dogs please ..	Geoff & Monica 01603 720374	9
Tuesday 16 th October	Upton Dyke Staite C.P LR134 402128	Bob & Marlene 01493 780341 Mob. 07944 746496	5

Wed 12th	Heritage Walk Fisherman's c.p. Blickling , free parking In conjunction with Nat. Trust Festival of Walks.	133/179295 Exp 252	5.5	Julia 01263 825457
Sun 16th	Corpusty village hall free c.p.	133/111300 Exp 252	8	Edwina 01328 862771
Wed 26th	North Walsham Station Approach free c.p.	132/282297 Exp 252	6	Mike & Jane 01263 824885
Sun 30 th 2 p.m.	Felbrigg Nat. Trust c.p. Members free or p&d In conjunction with Nat. Trust Festival of Walks.	133/194394 Exp 252	5.5	Jasmine 01263 588822
OCT				
Sun 7th	Cley Norfolk Wildlife Trust Centre free c.p. - please park in lower c.p.	133/053440 Exp 251	9	Peter & Sue 01603 417282
Wed 10th	Felthorpe Pavilion c.p. donation	132/168181 Exp 238	5	John & Gillian 01692 535051
Sat 13th	Quiz night Fish & Chip supper Upper Sheringham v.hall	133/142419 Exp 252		See flyer for information & booking.
Sun 21st	Overstrand Post Office parking on roads.	133/248407 Exp 252	9.5	Clive & Barbara 01263 826263
Wed 24th	Worstead New Inn pub parking free	132/303261 Exp 252	6	Mike & Jane 01263 824885
NOV				
Sun 4th	Reephams Station Rd shoppers c.p. free	133/099230 Exp 238	11	David & Janet 01263 734336
Wed 7th	Kelling Heath Camp Site. Free parking.	133/110415 Exp 252	5	Geri & Alan 01263 820238
Wed 7 th 7 p.m.	Annual General Meeting – Upper Sheringham village hall, followed by wine & cheese plus speaker. If you would like to be a member of the committee, please contact Edwina before this date.	133/142419		If anyone would like a copy of last year's AGM minutes in advance, please contact Edwina on 01328 862771 or e mail edwina.moore@tiscali.co.uk.
Sun 18th	South Repps village hall free car park	133/266365 Exp 252	11	Norman 01263 825457
Wed 21 st	Baconsthorpe village hall free car park	133/119369 Exp 252	6	Richard & Susan 01263 588045

Sheringham Amblers

Due to lack of support, these walks are discontinued.

Short and Leisurely Walks (Norwich Group) on Thursday afternoon**All Walks commence at 1.30pm**

Short Walks Officer – John Annis, 55 The Warren, Old Catton, NR6 7NN, 01603 423231

Walks Co-ordinator – Denise Woodhouse, 01263 511743

Queries regarding all walks should be addressed to the leaders concerned

Date	Venue and Map Reference	Miles	Leader
2 nd Aug	Horsford Woods – Car Park at cross roads 133 / 185 176	4 m	Marlene Laws 01603 897 266
9 th Aug	Aylsham – Bure Valley Rail Station Car Park 133 / 196 275 or NR11 6BW	5 m	Denise & Roderic Woodhouse 01263 511 743
16 th Aug	South Walsham – Village Hall Car Park OL40 / 368 133 No Dogs please as Nature Reserve	4 m	Ros & Mike 01603 270 684
23 rd Aug	Hoveton – Coach & Car Park behind Main Rail Station 133 / 303 185	4 m	Yvonne & Steve Davis 01603 783 940
30 th Aug	Keswick – Waitrose Car Park, Eaton 134 / 202 060 or NR4 6NU	4.5 m	Colin Clarke 01603 454 977
6 th Sep	Coltishall/Tunstead – lay-by at Coltishall River Common 134 / 275 198	4.5 m	Dennis & Jennie Ayton 01603 738 619
13 th Sep	Yare Valley & University Broad – Waitrose Car Park, Eaton 134 / 202 060 or NR4 6NU	4 m	Bill Butler 01603 625 602
20 th Sep	Old Costessey – Village Hall Car Park Longwater Lane 133 / 170 115	4 m	Pat Corrigan 01603 747 734
27 th Sep	Wicklewood – Village Hall Car Park (collection) 144 / 076 024	4 m	Rosemary Carpenter 01953 604 791
4 th Oct	Buxton & Oxnead – Bure Valley Rail Station CP, Stracey Rd OL40 or 134 / 233 228 or NR10 5ET	4.5 m	Anne & Jackie 01603 486604/01603 404770
11 th Oct	Hapton – St Margaret's Church 134 / 176 967 or NR15 1SE	4.75 m	Carol Urquhart/Gill Albert 01603 300494/01603 402003
18 th Oct	Wiverton Downs – Nature Reserve Car Park 133 / 031 422 or NR25 7PD	4.5 m	Ed Lovatt 01603 614 668
25 th Oct	Holt Country Park – Main Car Park (charge) 133 / 084 375	4.5 m	Paul Garman 01603 300 953
1 st Nov	Salhouse – Thieves Lane Car Park 134 / 288 155	4 m	Grace Weeds 01603 425 942
8 th Nov	Worstead – Worstead Church 133 / 302 260 or NR28 9RW	4 m	Carol Urquhart/Gill Albert 01603 300494/01603 402003
15 th Nov	Hemblington – meet Hemblington Church 133 / 353 115	4 m	Rita Stewart 01603 425 620
22 nd Nov	Mundesley – Trafalgar Court Car Park off coast road 133 / 308 371 or NR11 8DB	4 m	Denise & Roderic Woodhouse 01263 511 743
29 th Nov	Swardeston – Village Hall Car Park 134 / 198 027	4 m	Paul Garman 01603 300 953

Date	Venue	Map No's & Grid Ref	Miles	Leader/s
Sunday November 18 th 10:00am	Park on School Road Seething	134/OL40 TM 319 979	12.5	Peter 07905 565740
Sunday November 25 th 10:00am	Park at Stockton Stone lay by on A146	134/OL40 TM 386 946	12.5	Peter 07905 565740
Wednesday November 28th 10:00am	Blickling, Great Wood car park (litteringham end)	133/252 TG 162 297	11.5	Jeanne & Pat 01603 897141 07766 394763

Legstretchers**15/20 Section: Program of longer walks**

Michael Smith, Programme Co-ordinator, Tel 01485 540728, Mobile 07812921998, email mival.smith@tiscali.co.uk New Walks leaders always welcome, please contact me. All walks start at 0900 unless stated otherwise. Bring a packed lunch.

Date	Venue	Grid ref.	Miles	Leaders
19 th August 2012	Snettisham, Shernborne &Gt. Bircham. Meet at Snettisham Church. Park in village.	L132/E250 691343	20	Bill Fletcher 01485 544579
16 th September 2012	Hillington & Leziate. Meet in lay-by on A148 opposite junction with B1440, west of Hillington.	L132/E250 712253	18½	Michael & Valerie Smith 01485 540728
21 st October 2012	Crimpleham, near Downham Market. Park in lane by Crimpleham Church.	L143/ E236 655037	18½	Michael & Valerie Smith 01485 540728
18 th November 2012	Ixworth, Suffolk. Meet at Village Hall car park.	E229 932703	17	Debbie Farrell 01359 230264

The Ramblers'

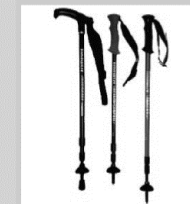
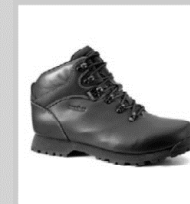
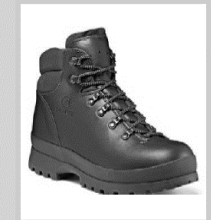
Norfolk Area

Date	Venue	Map No's & Grid Ref	Miles	Leader/s
Wednesday October 10th 10:00am	Northrepps Village Hall (Donation to hall funds, please)	133/252 TG 244 393	11.5	Jeanne & Pat 01603 897141 07766 394763
Sunday October 14 th 10:00am	Park on the side of the road by North Burlingham church	134/OL40 TG 365 100	12	Peter 07905 565740
Friday October 19 th 10:30am	Derbyshire walking weekend Park at Grindleford Station	119/OL24 SK 251 787	10.5	Peter 07905 565740
Saturday October 20 th 09:30am	Derbyshire walking weekend Car park at Rowarth of Hollinsmoor Road	110/OL1 SK 011 892	12.5	Gerald 07980 181911
Saturday October 21 st 09:30am	Park in lay by just past Cutthroat Bridge on A57 Glossop to Sheffield Road	110/OL1 SK 216 874	12.5	Peter 07905 565740
Monday October 22 nd 10:00am	Park on old road heading towards Mam Tor below Treak Cliff Cavern	110/OL1 SK 134 834	6.5	Gerald 07980 181911
Wednesday October 24th 10:00am	Bunwell Church	144/237 TM 126 927	11	Richard S 01603 483959 07500 363279
Sunday October 28 th 10:00am	Meet at Wissonsett Church	132/238 TF 919 231	12.5	Richard W 01603 505362
Sunday November 4 th 10:00am	Mannington Hall (£2 parking fee)	133/252 TG 141 321	11.5	Jeanne & Pat 01603 897141 07766 394763
Wednesday November 14th 10:00am	Whissonsett Church	132/238 TF 919 231	11	Richard W 01603 505362

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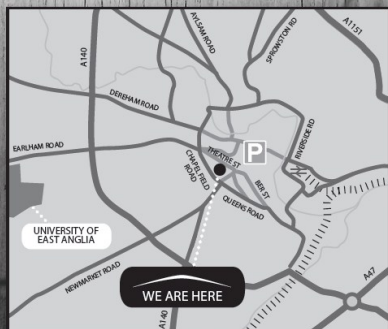


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Newsletter & Walks Programme

August - November 2012

Date	Venue	Map No's & Grid Ref	Miles	Leader/s
Sunday August 26 th 10:00am	Alburgh Village Hall	134/230 TM 267 871	13	Richard W 01603 505362
Sunday September 2 nd 10:00am	Meet at Budgens car park (free parking) central Harleston	156/230 TM 244 834	13.2	Rob 07837 182703
Sunday September 9 th 10:00am	Tom and Jake's walk. Meet at Memorial Hall Matishall	133/238 TG 054 101	12	Tom 01603 710468
Wednesday September 12th 10:00am	Mackey's Hill, Hempstead Road, Holt Country Car Park	133/251 TG 088 382	10	Roy 01603 279883
Sunday September 16 th 10:00am	Cley Village Hall, free car park	133/251 TG 047 437	11.5	Jeanne & Pat 01603 897141 07766 394763
Sunday September 23 rd 10:00am	Joint walk with Southern Norfolk group Waveney River Centre, Burgh St Peter, figure of 8 walk of 5.25 miles, ferry to Carleton marshes at 2:00pm for 3.25 mile walk around the marshes	134/OL40 TM 492 935	8.5	Sheila S. 01953 861094
Wednesday September 26th 10:00am	Potter Heigham Village Hall, School Road. (Donation to hall funds, please)	134/OL40 TG 413 195	11	Richard W 01603 505362
Sunday September 30 th 10:00am	Park on sea front and meet outside The Kingfisher café (which should be open from 09:00hrs)	133/252 TG 358 330	12	Peter & Sue 01603 417282
Sunday October 7 th 10:00am	Park in lay by at Corpusty church	133/238 TG 113 293	12.5	Gerald 01603 501599 07980 181911



CRAGHOPPERS



*Cannot be used in conjunction with any other discounts and offers, excludes Gift Vouchers and Courses. Discount is only valid upon presentation of a valid Ramblers membership card. Expires 31/08/13.

NORWICH GROUP

Secretary: Derek Goddard, 49 Lindford Drive, Eaton, Norwich NR4 6LR ☎ 01603 506906

Sunday Walks Co-ordinator: Gerald Brooker, ☎ 01603 501599 Mobile 07980 181911**Wednesday Walks Co-ordinator:** Jeanne Murphy ☎ 01603 897141**Norwich group AGM Margaret Harker Hall Blofield Saturday 17th November at 14:00hs**Grid References are shown with the Landranger Map No first then the Explorer Map No followed by the Grid Reference**Peak District walking weekend Friday 19th October to Monday 22nd October 2012****Advance notice of Lincolnshire Wolds walking weekend
Friday April 26th to Monday April 29th 2013**

Date	Venue	Map No's & Grid Ref	Miles	Leader/s
Wednesday August 1st 7:00pm	An evening walk around Mulbarton. Park at common car park by village hall	134/237 TG 195 009	5	Peter 07905 565740
Sunday August 5 th 10:00am	Aldborough park around the village green Meet at the village sign	133/252 TG 184 342	13	Simon 01603 762340
Wednesday August 8th 10:00am	Hethersett – meet at village sign on B1172 opposite church. Parking available in old cut-off road	144/237 TG 158 048	11.5	Neil 01603 740221
Sunday August 12th	Boudicca Way part 4. Poringland to Norwich			Peter 07905 565740
Sunday August 19 th 10:00am	Bure Valley Community Centre next to Itteringham Church	133/252 TG 145 309	12	Richard S 01603 483959 07500 363279
Wednesday August 22nd 10:00am	Beccles Quay car park	134/OL40 TM 423 911	11	Simon W 01603 748390

MID-NORFOLK GROUPSec: Carole Jackson, "Mandola", Mill Street, Elsing, Dereham. NR20 3EJ
Tel 01362-637752**All walks start at 10am unless otherwise stated.**
Walks of 7 or more miles will generally have a lunch stop.-----
Programme of walks – 1st August to 30th November 2012

Date	Venue	Grid ref.	Miles	Leaders
Sun 5 th Aug.	Blickling, fisherman's car park, northern end of lake.	Expl 252 133 - 179295	9.5	Brenda & John 01603 - 871641
Sun 19 th Aug.	Wood Norton Village Hall car park. 50p donation. Joint walk with S.Norfolk.	Expl 238 133 - 009278	8	Janis & Maurice 01603 - 880927
Sun 26 th Aug.	10.30am Brisley Bell PH. Parking & lunch stop at pub. Fig. of 8.	Expl 238 132 - 954214	9	Sue & Brian 01328 - 701545
Sun 2 nd Sept.	Kelling, car park off A149 by Kelling School playing field.	Expl 251 133 - 096429	7.5	Carole & Alwyn 01362 - 637752
Sun 9 th Sept.	Houghen Plantation, between Felthorpe & Horsford. Park either side of road.	Expl 238 133 - 182175	12.5	Jimmy 01362 - 668698 07789 724430
Sun 23 rd Sept.	Shouldham Warren car park.	Expl 236 143 - 679105	8/9	Martin 01362 - 694654
Sun 7 th Oct.	Gressenhall Rural Life Museum car park.	Expl 238 132 - 974169	5/6	Trevor 01362 - 694402
Sun 14 th Oct.	Roman Camp NT car park. The Three Peaks of Norfolk!	Expl 252 133 - 185414	6	Chris & Ray 01603 - 872709
Sun 21 st Oct.	Fakenham. Car park opposite VI form college. Lunch stop at Fakenham Garden centre.	Expl 251 132 - 918302	10 Optional 7	Sue & Brian 01328 - 701545
Sun 28 th Oct.	Thornham, Lifeboat Inn car park on Ship Lane.	Expl 250 132 - 729435	7/8	Paul 01362 - 652991
Sun 11 th Nov.	Narborough. Park in cul de sac behind the bus shelter at the end of Narford Road.	Expl 236 132 - 750127	9	Carole & Alwyn 01362 - 637752
Sun 18 th Nov.	Beachamwell. Park around green near the church.	Expl 236 143 - 751054	7	Gill & Pete 01603 - 872574
Sun 25 th Nov.	Bale Church. Please park with consideration for churchgoers.	Expl 251 132 - 011368	12	Jane 01328 -856521

Norfolk Ramblers' : Walks Finder Calendar : August - November 2012

August 2012

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 KNS	2 HKOSW	3 S	4 K	5 FIKMNOo
6	7 K	8 KNS	9 HKW	10	11 liK	12 GIKNOS
13	14 K	15 IS	16 HKOW	17	18 FIK	19 IKLMNOSW
20	21 GK	22 N	23 HKW	24	25 K	26 IKMNOS
27	28 K	29 S	30 HKW	31		

October 2012

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2 K	3	4 HKW	5	6 K	7 IKMNS
8	9 K	10 NS	11 HKOW	12	13 KS	14 FGIKMNO
15	16 GK	17	18 HKW	19 N	20 INKOo	21 IKLMNSW
22 N	23 K	24 NS	25 HKW	26	27 FIK	28 GgIKMNO
29	30 K	31				

September 2012

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1 K	2 FGIKMNO
3	4 K	5	6 HKW	7	8 K	9 IKMNOS
10	11 K	12 NS	13 HKW	14 O	15 FKOo	16 GIKLNSW
17	18 GK	19	20 HKW	21	22 IK	23 IKMNO
24 I	25 IK	26 INS	27 HIKW	28 I	29 FfiK	30 GgKNOS

November 2012

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 HKW	2	3 K	4 IKNOS
5	6 K	7 Ss	8 HKWw	9	10 FK	11 GKM
12	13 K	14 N	15 HKOW	16	17 IKOo	18 KLMNSW
19	20 GK	21 S	22 HKW	23	24 K	25 FGIKMN
26	27 K	28 N	29 HKW	30		

This calendar shows which groups are holding a walk on a particular date, walks are indicated by a capital letter in the appropriate day's box, whilst any other event by that group is indicated by a lower case letter. Please see the group's listing for the specific details of the walk or event.

Key: F: Fakenham, G: Great Yarmouth, K: King's Lynn, M: Mid Norfolk, N: Norwich, S: Sheringham, O: Southern Norfolk, W: Wensum, L: Leg Stretchers, H: Short Leisurely, I: Hike Norfolk